



Bethany at Silver Crest



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7/21/2024	7/22/2024	7/23/2024	7/24/2024	7/25/2024	7/26/2024	7/27/2024
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of wheat Blueberry Bagel w/cream cheese Fried Egg Milk/Coffee/Tea	Juice of choice Oatmeal Cheese Omelet Raisin Toast Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Breakfast Sandwich Sausage, Egg & Cheese Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Veggie Scramble Donut Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Waffles w/strawberry sauce & Bacon Milk/Coffee/Tea	Juice of choice Oatmeal Fried Egg Sausage Links/Toast Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Cheesy Eggs Danish Fresh Fruit Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Fish & Chips Coleslaw Ice Cream Bar Milk/Coffee/Tea	Salisbury Steak w/mushroom gravy Mashed Potatoes Peas & Onions Assorted Pies Milk/Coffee/Tea	Chili Cheese Dogs Coleslaw Watermelon Milk/Coffee/Tea	Spaghetti w/ meat sauce Green Beans Garlic Bread Angel Food Cake Milk/Coffee/Tea	Honey Glazed Ham Scalloped Potatoes Baby Carrots Cranberry apple fruit crisp Milk/Coffee/Tea	Fried Chicken Thighs Mashed Potatoes w/gravy Cauliflower w/cheese Orange Sherbet Milk/Coffee/Tea	Bratwurst on bun w/sauerkraut Macaroni Salad Ambrosia Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Cottage Cheese & Fruit Plate Roll	Mac & Cheese with ham Peas & Onions	French Dip Sliders Coleslaw	Chicken Salad w/apple on croissant Chilled Pickled Beets	Asian Chicken Salad Roll	Cottage Cheese & Fruit Roll	Beef enchilada Spanish Rice Corn
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Mango Chicken Legs Mashed Potatoes w/chicken gravy Buttered Corn Jello Milk/Coffee/Tea	Terriaki Grilled Chicken w/pineapple ring on bun Stir Fry Vegetable Lemon Bar Milk/Coffee/Tea	Sloppy Joe On Bun Buttered Corn Fruit Tart Milk/Coffee/Tea	Sweet & Sour Meatballs Steamed Rice Italian Vegetable Chocolate Cream Pie Milk/Coffee/Tea	Crispy Pork Chop Mashed sweet potatoes Green Beans Vanilla Pudding Milk/Coffee/Tea	Beef Goulosh Green Beans Breadstick Cookie Milk/Coffee/Tea	Mac & Cheese Crinkle Cut Carrots Jello w/mandrins Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Roast beef & Cheese Sandwich Green Salad	Tortillini Veg. Salad Roll	Chicken Enchilada Buttered Corn	Egg Salad Sandwich Green Salad	Ham & Cheese Sandwich Green Salad	Vegetable Lasagna Green Beans	Turkey & Cheese Sandwich Green Salad

*****MENU IS SUBJECT TO CHANGE****