

# Bethany at Silver Crest

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9/29/2024	9/30/2024	10/1/2024	10/2/2024	10/3/2024	10/4/2024	10/5/2024
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Juice of choice Cream of Wheat Breakfast Burritos Breakfast Tots  Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Cheese Omelet Sausage Links Toast Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat Veggie Scramble Canadian Bacon  Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Pancakes Bacon  Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat Cheesy Eggs Breakfast Ham Toast Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Breakfast Sandwich Sausage, Egg & Cheese Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat French Toast Bake Sausage Links  Fruit Milk/Coffee/Tea
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
<b>Soup of the Day</b>	<b>Soup of the Day</b>	<b>Soup of the Day</b>	<b>Soup of the Day</b>	<b>Soup of the Day</b>	<b>Soup of the Day</b>	<b>Soup of the Day</b>
Polish Sausage Oven Red Potatoes Buttered Corn  Ambrosia Milk/Coffee/Tea	Chicken Tendars Potato Salad Crinkle cut carrots  Oatmeal Cookie Milk/Coffee/Tea	Taco Casserole Green Salad  Boston Cream Pie Milk/Coffee/Tea	Sweet & Sour Meatballs Steamed Rice Stir Fry Vegetable Frosted Cake Milk/Coffee/Tea	Chicken Enchilada Chuckwagon Corn  Angel Food Cake Milk/Coffee/Tea	BBQ Pork Ribs Cheesy Pasta Blend Vegetable  Pumpkin Cheesecake Cup Milk/Coffee/Tea	Tuna Noodle Casserole Peas & Carrots  Cookie Milk/Coffee/Tea
<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>
Peanut Butter & Jelly Sandwich Apple Slices	Bean & Cheese Burrito Crinkle cut carrots	Egg Salad Sandwich Green Salad	Salmon Patty Steamed Rice Stir Fry Vegetable	Stuffed Pepper Chuckwagon Corn	Grilled Cheese Sandwich Blend Vegetable	Cottage Cheese & Fruit Plate Roll
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Pork Loin w/gravy Mashed Sweet Potatoes Green Beans  Cookie Milk/Coffee/Tea	Mac & Cheese W/Chicken Mixed Vegetable  Chocolate pudding Milk/Coffee/Tea	Cowboy Meatloaf & Potato Casserole Blend Vegetable  Vanilla Ice Cream Milk/Coffee/Tea	Noodles & Ground Beef Stroganoff Green beans  Apple Pie Milk/Coffee/Tea	French Dip Blend Vegetable  Jello Milk/Coffee/Tea	Goulosh Green Beans Garlic Toast  Cookie Milk/Coffee/Tea	Fried Chicken Legs Mashed Potatoes w/Gravy Buttered Corn Ice Cream Milk/Coffee/Tea
<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>
Vegetable Lasagna Green Beans	Sloppy Joe on Bun Mixed Vegetable	Cottage Cheese & Fruit Plate Cheese Biscuit	Zuchinni & Swiss Quiche 3 Bean Salad	Turkey & Cheese Sandwich Green Salad	Ham & Cheese Sandwich Green Salad	Pulled Pork on Bun Buttered Corn