



Bethany at Silver Crest



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9/8/2024	9/9/2024	9/10/2024	9/11/2024	9/12/2024	9/13/2024	9/14/2024
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of wheat Cheesy Eggs Bagel w/cream cheese Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Fruit & Yogurt Parfait Croissant Milk/Coffee/Tea	Juice of choice Cream of wheat Fried Egg Sausage Links Toast Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Cheese Omelet Raisin Toast Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Eggs Benedict Oven Potatoes Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Ham & Cheese Scramble Danish Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Breakfast Burrito Triangle Hashbrown Fresh Fruit Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Spaghetti w/meat sauce Green Salad Garlic Toast Cookie Milk/Coffee/Tea	Chicken Stir Fry w/yakisoba noodles Spring Roll Rice Pudding Milk/Coffee/Tea	Stuffed Fish Rice Pilaf Peas & Onions Apple Cran Crisp Milk/Coffee/Tea	Hawaiian Pizza Green Salad Fruited Jello Milk/Coffee/Tea	Chicken Noodle Casserole Mixed Vegetable Pineapple Cake Milk/Coffee/Tea	Hamburger on bun Lettuce/Tomato/Onion Baked Beans Watermelon Milk/Coffee/Tea	Cheesy Broccoli Rice Casserole w/chicken Breadstick Orange Sherbet Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Cheese Sandwich Salad & Chips	Vegetable Cheese Tortellini Salad Roll	Bean & Cheese Burrito Mixed Veg	Chicken Salad on Croissant Pickled Beet Salad	Egg Salad Sandwich Green Salad	Cottage Cheese & Fruit Plate Roll	Pulled Pork Sliders Coleslaw
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Chicken Cordon Bleu Creamy Sour Cream Mashed Potatoes Chuckwagon Corn Chocolate Pudding Milk/Coffee/Tea	Meatloaf w/gravy Baby Bakers w/sour cream Blend Vegetable Watermelon Milk/Coffee/Tea	Sweet & Sour Meatballs Steamed Rice Stir Fry Vegetable Cookie Milk/Coffee/Tea	Breakfast for Dinner Waffles w/strawberry Sauce Sausage Links Grapes Milk/Coffee/Tea	French Dip Green Beans Ice Cream Milk/Coffee/Tea	Mango Chicken Legs Mashed Sweet Potatoes Blend Veg Jello Milk/Coffee/Tea	Unstuffed Bell Pepper Casserole Honey Baby Carrots Cookie Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Beef Enchilada Chuckwagon Corn	Spinach Salad w/Chicken & Raspberry Vinegrette/Roll	Cottage Cheese & Fruit Plate w/Roll	Turkey & Cream Cheese Ranch Roll Up Green Salad	Mac & Cheese w/bacon Green Beans	Pork Loin Mashed Sweet Potatoes Blend Veg	Ham & Cheddar Sandwich Green Salad

*****MENU IS SUBJECT TO CHANGE****