



Bethany at Silver Lake



Sunday 10/27/2024	Monday 10/28/2024	Tuesday 10/29/2024	Wednesday 10/30/2024	Thursday 10/31/2024	Friday 11/1/2024	Saturday 11/2/2024
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of wheat Waffle Scrambled Egg Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Biscuits & Gravy Hard Boiled Egg Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Cheese omelet Breakfast Potato Toast Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Breakfast Biscuit Eggs / Cheese Sausage Patty Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Scrambled Sausage Link Scone Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal French Toast Canadian Bacon Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Scrambled Eggs Bacon Toast Fresh Fruit Milk/Coffee/Tea
Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Yankee Pot Roast Onions, Carrots Mashed Potato Chocolat Cream Pie Milk/Coffee/Tea	Smothered Chicken Rice Pilaf Roasted Zucchini Strawberry Peaches Milk/Coffee/Tea	Hammy Mac and Cheese Winter Vegetable Cookie Milk/Coffee/Tea	Cheesy Potato & Ground Beef Casserole Green Beans Yellow cake Milk/Coffee/Tea	Slow Roasted Turkey Sweet Potato Green Beans Pumpkin Pie Milk/Coffee/Tea	Hamburger on bun Lettuce/Tomato/Onion Seasoned Fries Sherbet Milk/Coffee/Tea	Breaded pork Chop Mashed Potato & Gravy Mixed Vegetables Asst Desserts Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Ranch Chicken Garlic mashed Herbed green beans	Pulled Pork Potato Salad Baked Beans	Asian Chicken Salad Garlic Toast Cookie	Chicken Salad on Croissant Yellow Cake	Sliced Ham Sweet Potato Green Bean	Tuna Salad Sandwich BBQ Chips	Fishwich w/Cheese Coleslaw
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Teriyaki Meatball Rice Candied carrots Ice Cream Milk/Coffee/Tea	Lemon Pepper Cod Rice Pilaf Broccoli Fruited Jello Milk/Coffee/Tea	Country Fried Steak Mashed Potatoes Vegetable blend Watermelon Milk/Coffee/Tea	Greman Sausage On a bun Saurekraut Potato Salad Cookie Milk/Coffee/Tea	Fish and Chips Cole Slaw Tartar Vanilla Pudding Milk/Coffee/Tea	Chicken Tenders Pasta Salad Candied carrots Brownie Milk/Coffee/Tea	Chef Salad Ranch Dressing Bread stick Apple crisp Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Seafood Pasta Salad Seasonal Fruit Ice Cream	Pork McRiblet Frys Fruited Jello	Cheese Enchiladas Mixed vegetable Watermelon	Vegetable Lasagna Green Salad Cookie	Cottage Cheese & Fruit Plate Roll	Veggie Egg Roll Sesame Carrot Salad	Roast beef & Cheese Sandwich

Fall Winter 2024
Chef Greg Mccammond CFPM

Week 5

*****MENU IS SUBJECT TO CHANGE****