



Bethany at Silver Lake



Sunday 11/24/2024	Monday 11/25/2024	Tuesday 11/26/2024	Wednesday 11/27/2024	Thursday 11/28/2024	Friday 11/29/2024	Saturday 11/30/2024
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of wheat Ham & Cheese Breakfast Scramble Toast Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Eggs Benidict Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Veggie Scrambled Muffin Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Egg Patty Bacon Toast Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Blueberry Pancake Cheesy Eggs Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal French Toast Bake Sausage Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Scrambled Egg Bacon Toast Fresh Fruit Milk/Coffee/Tea
Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	alt Cold Cereal
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Cordon Bleu Mashed potato Green Beans Pie Milk/Coffee/Tea	Seafood Pasta Fettuccini Garlic Bread Lemon Cake Milk/Coffee/Tea	Baked Salmon Garlic Noodles Chuckwagon Corn Apple Crisp Milk/Coffee/Tea	Chicken Mushroom Pasta Broccoli Swril Cake Milk/Coffee/Tea	Slow Roasted Turkey Savory Stuffing Green Beans Cassarol Cranberry Sauce Pumpkin Pie Milk/Coffee/Tea	Baked Tilapia Garden rice Key West Vegetables Spiced Peaches Milk/Coffee/Tea	Garlic Baked Chicken Candied Yams Asparagus Peanutbutter Cake Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Kielbasa Sauerkraut German Potato Salad	Chicken Salad Croissant Chips	Chicken Verde Cass. Chuckwagon Corn	Chili Dog on bun Chips	Bean & Cheese Burrito Spanish Rice Corn	Pepper Steak Garden Rice	Cheese Enchiladas Asparagus
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Ham Au Gratin Potatoes Green Beans Cake Milk/Coffee/Tea	BBQ Pork Ribs Baked Beans Glazed Carrots Jelled Fruit Milk/Coffee/Tea	Baked Zitty Salad Garlic bread Chocolate Cream Pie Milk/Coffee/Tea	Seafood Salad 1000 Island Dressing Roll Banana cream pudding Milk/Coffee/Tea	Salisbury Steak Mashed potato Corn on the Cob Ice Cream Milk/Coffee/Tea	Orange Chicken Yakisorba Noodles Stir fried Vegetable Apple Pie Milk/Coffee/Tea	Hamburger Stroganoff Pasta Blend Veg. Strawberry Rhubarb Crisp Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Spinach Salad w/Chicken & Raspberry Vinegrette	Grilled Cheese Tomato soup	Hot Roast Beef Sandwich Mash & Vegetable	Country Fried Steak Mashed potato Buttered Peas	Turkey Sandwich French Onion Soup roll	Vegetable Lasagna Salad Ranch	Tuna Salad Sandwich w/lettuce & tomato Chips

Fall Winter 2024
Chef Greg Mccammond CFPM

Week 4

*****MENU IS SUBJECT TO CHANGE****