



Bethany at Silver Lake



Sunday 12/29/2024	Monday 12/30/2024	Tuesday 12/31/2024	Wednesday 1/1/2025	Thursday 1/2/2025	Friday 1/3/2025	Saturday 1/4/2025
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of wheat Breakfast Ham Pancakes Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Oatmeal Eggs Benidict Breakfast Potato Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Cream of wheat Veggie Scrambled Muffin Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Oatmeal Egg Patty Bacon Toast Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Cream of wheat Blueberry Pancake Cheesy Eggs Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Oatmeal French Toast Bake Sausage Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Cream of wheat Scrambled Egg Bacon Toast Fresh Fruit Milk/Coffee/Tea alt Cold Cereal
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Florintine Rice Roasted Vegetables Peanut Butter Cake Milk/Coffee/Tea	Country Fried Steak Squash Blend Mashed Potato Fruit Crisp Milk/Coffee/Tea	Baked Salmon Garlic Pasta Zucchini Strawberry ShortCake Milk/Coffee/Tea	Beef Yakisorba Stir Fry Veggies Spring Roll Fruit Salad Milk/Coffee/Tea	Chicken, Mushroom & Broccoli Pasta Garlic bread Marble Cake Milk/Coffee/Tea	Baked White Fish Garden rice Key West Vegetables Spiced Peaches Milk/Coffee/Tea	Garlic Baked Chicken Candied Yams Asparagus Peanutbutter Cake Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Kielbasa Sauerkraut German Potato Salad	Baked Chicken Rice Pilaf Baked Tomato	Italian Sausage Sliced Zucchini	Baked Chicken Legs Mashed Potato Peas	Fish and chips Cole Slaw Tartar	Egg Salad Sandwich Chips	Cheese Enchiladas Asparagus
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Fish and Chips 3 Bean Salad Pie Milk/Coffee/Tea	Baked Ham Baked Beans Glazed Carrots Corn Bread Jelled Fruit Milk/Coffee/Tea	Roast Beef Sweet Potato cauliflower Frosted Cake Milk/Coffee/Tea	Stuffed Shells in Red Sauce Ceasar Salad Garlic Bread Cookie Milk/Coffee/Tea	Salisbury Steak Mashed potato Spinach Banana Pudding Milk/Coffee/Tea	Orange Chicken Rice Stir fried Vegetable Apple Pie Milk/Coffee/Tea	Ground Beef Stroganoff Pasta Blend Veg. Ice Cream Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Meatball Stroganoff Broccoli	Grilled Cheese Tomato soup	Turkey Ranch Wrap Cream Of Potato Soup	Breaded Pork Chop Mashed potato Buttered Corn	Turkey Sandwich French Onion soup	Vegetable Lasagna Salad Ranch	Tuna Salad Sandwich w/lettuce & tomato Chips

Fall Winter 2024

Chef Greg Mccammond CFPM

Week 4

*****MENU IS SUBJECT TO CHANGE****