

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# January 2025

## Activities

				1 8:30 Activity Cart Rounds 1:30 Football and Leftovers	2 8:30 Activity Cart Rounds 9:30 Coffee Hour 10:30 Exercise/Active Games 1:30 Music/Doug Rusk 4:00 BINGO	3 8:30 Activity Cart Rounds 9:30 Coffee Hour 10:30 Exercise/Active Games 1:30 Bluegrass Band	4 8:30 Activity Cart Rounds 10:30 Exercise/Active Games 1:30 BINGO
5 8:30 Activity Cart Rounds 10:30 Dixie Dog Visits 1:30 Pizza and Movie	6 8:30 Activity Cart Rounds 9:30 Coffee Hour 1:30 Ceramics 3:00 Yahtzee	7 8:30 Activity Cart Rounds 9:30 Coffee Hour 10:30 Exercise/Active Games 1:30 BINGO 2:45 BINGO	8 8:30 Activity Cart Rounds 9:30 Coffee Hour 10:30 Exercise/Active Games 1:30 Art / Sculpture 3:00 Church Service	9 8:30 Activity Cart Rounds 9:30 Coffee Hour 10:30 Exercise/Active Games 1:30 Noodle Hockey 4:00 BINGO	10 8:30 Activity Cart Rounds 9:30 Coffee Hour 10:30 Exercise/Active Games 1:30 Manicures	11 8:30 Activity Cart Rounds 10:30 Exercise/Active Games 1:30 BINGO	
12 8:30 Activity Cart Rounds 10:30 Dixie Dog Visits 1:30 Pizza and Movie	13 8:30 Activity Cart Rounds 9:30 Coffee Hour 1:30 Music w/ Gary Hood 2:30 Make snacks for Forest Park Kids	14 8:30 Activity Cart Rounds 9:30 Coffee Hour 10:30 Exercise/Active Games 1:30 Forest Park Kids Visit	15 8:30 Activity Cart Rounds 9:30 Coffee Hour 10:30 Exercise/Active Games 1:30 Food Bank Projects 3:00 Church Service	16 8:30 Activity Cart Rounds 9:30 Coffee Hour 10:30 Exercise/Active Games 1:30 Music/Kelly & Birthday Party 4:00 BINGO	17 8:30 Activity Cart Rounds 9:30 Coffee Hour 10:30 Exercise/Active Games 1:30 Manicures	18 8:30 Activity Cart Rounds 10:30 Exercise/Active Games 1:30 BINGO	
19 8:30 Activity Cart Rounds 10:30 Dixie Dog Visits 1:30 Pizza and Movie <small>Activity Professionals Week</small>	20 8:30 Activity Cart Rounds 9:30 Coffee Hour 1:30 Ceramics 2:30 Resident Council <small>Martin Luther King Jr. Day</small>	21 8:30 Activity Cart Rounds 9:30 Coffee Hour 10:30 Exercise/Active Games 1:30 BINGO 2:45 BINGO	22 8:30 Activity Cart Rounds 9:30 Coffee Hour 10:30 Exercise/Active Games 1:30 Flower Arranging 3:00 Church Service	23 8:30 Activity Cart Rounds 9:30 Coffee Hour 10:30 Exercise/Active Games 1:30 Drum Circle 4:00 BINGO	24 8:30 Activity Cart Rounds 9:30 Coffee Hour 10:30 Exercise/Active Games 1:30 Manicures	25 8:30 Activity Cart Rounds 10:30 Exercise/Active Games 1:30 BINGO	
26 8:30 Activity Cart Rounds 10:30 Dixie Dog Visits 1:30 Pizza and Movie <small>Australia Day (Observed)</small>	27 8:30 Activity Cart Rounds 9:30 Coffee Hour 1:30 Ceramics 3:00 Kings Corner	28 8:30 Activity Cart Rounds 9:30 Coffee Hour 10:30 Exercise/Active Games 1:30 BINGO 2:45 BINGO	29 8:30 Activity Cart Rounds 9:30 Coffee Hour 10:30 Exercise/Active Games 1:30 Art / Lanterns 3:00 Church Service <small>Chinese New Year (Year of the Snake)</small>	30 8:30 Activity Cart Rounds 9:30 Coffee Hour 10:30 Exercise/Active Games 1:30 Food Bank Projects 4:00 BINGO	31 8:30 Activity Cart Rounds 9:30 Coffee Hour 10:30 Exercise/Active Games 1:30 Manicures	All activities take place on the 3 <sup>rd</sup> floor in the dining room & Chapel. Activity supplies available 24/7 located on 3 <sup>rd</sup> floor outside activities room, & 6 <sup>th</sup> floor outside of nurses station. Help yourself to any items you would like	