



# Bethany at Silver Lake



| <b>Sunday</b><br>1/19/2025  | <b>Monday</b><br>1/20/2025   | <b>Tuesday</b><br>1/21/2025   | <b>Wednesday</b><br>1/22/2025   | <b>Thursday</b><br>1/23/2025   | <b>Friday</b><br>1/24/2025  | <b>Saturday</b><br>1/25/2025  |
|---|--|---|---|--|---|---|
| <b>Breakfast</b>  | <b>Breakfast</b>   | <b>Breakfast</b>  | <b>Breakfast</b>  | <b>Breakfast</b>   | <b>Breakfast</b>  | <b>Breakfast</b>  |
| Juice of choice<br>Oatmeal<br>Cheesy Egg Scram<br>Breakfast Potato<br>Fresh Fruit<br>Milk/Coffee/Tea<br>alt Cold Cereal | Juice of choice<br>Cream Of wheat<br>Bacon And Eggs<br>Muffin<br>Fresh Fruit<br>Milk/Coffee/Tea<br>Alt Cold Cereal | Juice of choice<br>Oatmeal<br>Blueberry Pancake<br>Sausage<br>Fresh Fruit<br>Milk/Coffee/Tea<br>Alt Cold Cereal | Juice of choice<br>Cream of wheat<br>Veggie Scramble<br>Breakfast Potato<br>Wheat Toast<br>Milk/Coffee/Tea<br>Alt Cold Cereal | Juice of choice<br>Oatmeal<br>Strawberry Waffle<br>Scrambled Egg<br>Milk/Coffee/Tea<br>Alt Cold Cereal | Juice of choice<br>Cream of wheat<br>Hammy Scramble<br>Toast<br>Fresh Fruit<br>Milk/Coffee/Tea<br>Alt Cold Cereal | Juice of choice<br>Oatmeal<br>Cheese Omelet<br>Danish<br>Fresh Fruit<br>Milk/Coffee/Tea<br>Alt Cold Cereal  |
| <b>Lunch</b>  | <b>Lunch</b>   | <b>Lunch</b>  | <b>Lunch</b>  | <b>Lunch</b>   | <b>Lunch</b>  | <b>Lunch</b>  |
| Chicken Marsala<br>Creamy Garlic Pasta<br>Seasoned Vegetable<br><br>Fruit Crisp<br>Milk/Coffee/Tea                      | Shepards Pie<br>Mashed Potato<br>Mixed Vegetable<br><br>Ice Cream<br>Milk/Coffee/Tea                               | Lemon Pepper Chicken<br>Rice Pilaf<br>Steamed Broccoli<br><br>Fruit Cup<br>Milk/Coffee/Tea                      | Cheese Burger<br>Relish Plate<br>Frys<br>Ambrosia<br><br>Milk/Coffee/Tea  | Pineapple Baked Ham<br>Sweet Potato<br>Brussel Sprouts<br><br>Orange Cake<br>Milk/Coffee/Tea           | Philly Cheese Steak<br>Onion Rings<br><br>Lemon Meringue<br>Milk/Coffee/Tea                                       | BBQ Chicken<br>Potato Salad<br>Green Beans<br><br>Swirl Cake<br>Milk/Coffee/Tea                             |
| <b>Alternate</b>  | <b>Alternate</b>   | <b>Alternate</b>  | <b>Alternate</b>  | <b>Alternate</b>   | <b>Alternate</b>  | <b>Alternate</b>  |
| Roasted Pork Loin<br>Creamy Garlic Pasta<br>Seasoned Vegetable  | Fish Tacos<br>Cole Slaw<br>Spanish Rice  | Roast beef & Cheese<br>Sandwich<br>Chips  | Chicken Burger<br>Relish Plate<br>Frys  | Corn Dogs<br>Corn Chips and Chili<br>and Cheese  | Chicken Salad Croissant<br>Fruit Cup  | Tuna Melt<br>Coleslaw<br>Swirl Cake   |
| <b>Dinner</b>   | <b>Dinner</b>  | <b>Dinner</b>   | <b>Dinner</b>   | <b>Dinner</b>  | <b>Dinner</b>   | <b>Dinner</b>   |
| Chicken Nuggets<br>Coleslaw<br>French Frys<br>BBQ Sauce<br>Chocolate Cake<br>Milk/Coffee/Tea                            | Breaded Pork Chop<br>Au Gratin Potato<br>Beets<br><br>Peach Cobbler<br>Milk/Coffee/Tea                             | Orange Chicken<br>Fried Rice<br>Stir fry Vegetable<br><br>Whipped Jello<br>Milk/Coffee/Tea                      | Baked Chicken<br>Baked Potato<br>Corn on Cob<br><br>Boston Cream Pie<br>Milk/Coffee/Tea                                       | Salisbury Steak<br>Mashers<br>Green Beans<br><br>Cookie<br>Milk/Coffee/Tea                             | Tilapia<br>Rice Pilaf<br>Asparagus<br><br>Fruit Salad<br>Milk/Coffee/Tea  | Stuffed Pasta Shells<br>Alfredo Sauce<br>Italian Vegetables<br><br>Strawberry Short cake<br>Milk/Coffee/Tea |
| <b>Alternate</b>  | <b>Alternate</b>   | <b>Alternate</b>  | <b>Alternate</b>  | <b>Alternate</b>   | <b>Alternate</b>  | <b>Alternate</b>  |
| Peanut Butter jelly<br>Sandwich<br>Chips  | Bacon Cheese Quiche<br>Corn Bread<br>Peach Cobbler   | Chili Dog<br>Onion /Cheese<br>Pasta Salad   | Greman Sausage<br>German Potato Salad<br>Sauerkraut   | Crab Cakes<br>French frys<br>Green Beans   | Pizza<br>Green salad<br>Fruit Salad   | Chef Salad<br>Garlic Bread<br>Ranch   |

**\*\*\*MENU IS SUBJECT TO CHANGE\*\***