



Bethany at Silver Lake



Sunday 1/26/2025	Monday 1/27/2025	Tuesday 1/28/2025	Wednesday 1/29/2025	Thursday 1/30/2025	Friday 1/31/2025	Saturday 12/1/2025
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of wheat French Toast Bake Canadaian Bacon Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Oatmeal Bacon Egg skillet Toast Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Scrambled Eggs Sausage Cinnamon Roll Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Oatmeal Cheese Omelet Links Toast Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Cream of wheat Hammy Scramble Muffin Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Biscuits & Gravy Hardboiled Egg Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Cream of wheat Bacon and Scrambled Toast Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Roasted Pork Loin Mashed Potato Spinach and Mushrooms Peach Cobbler Milk/Coffee/Tea	Beef Fajita Sauted Peppers & Onions Spanish Rice Churro Milk/Coffee/Tea	Baked Ham Baked Beans Key West Vegetable Pineapple Upsidedown Milk/Coffee/Tea	Fried Chicken Baby Bakers Herbed Green Beans Cake Milk/Coffee/Tea	Sloppy Joe JoJos Shedded Carrot Raisin Salad Sherbet Milk/Coffee/Tea	Fish and Chips coleslaw Tartar Fruited Jello Milk/Coffee/Tea	Glazed Meatloaf Dilled carrots Mashed potato Butterscotch Pudding Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Fried Chicken Mac & Cheese Carrots	Pasta Prima Vera Garlic Bread side Ceasar Salad	Cheese Burger French Fries Relish plate	Cuban Ham Sandwich Pickle Spear Tossed Salad	Chicken Tenders Honey mustard Jojos	Country Fried Steak Mashed Potato Mixed vegetables	Garlic Chicken Mashed Potato Carrots
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Salisbury Steak Rice Pilaf Cauliflower Roll Lemon Bar Milk/Coffee/Tea	Spaghetti w/Meat sauce Buttered Noodles Salad Fresh Fruit Cup Milk/Coffee/Tea	Chicken Mushroom Alfredo Pasta Candied carrots Brownie Milk/Coffee/Tea	Baked Salmon Rice Pilaf Roasted Zucchini Brownie Milk/Coffee/Tea	Sweedish Meatballs Buttered noodles Buttered Peas Coconut Pie Milk/Coffee/Tea	Garlic Roasted Pork Mashed Potato Seasonal Vegetable Cookie Milk/Coffee/Tea	Baked Ziti w/Italian Sausage Italian Blend Veg Boston Cream Pie Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Grilled Cheese French Onion Soup	Turkey and Swiss Sandwich Chips	Vegetable Quiche 3 bean salad Roll	Chef Salad Garlic bread Ranch	Bacon, Onion, Cheese Quiche Fruit Cup	Sweet and Sour Egg Rolls Garden Rice	Egg salad Chips Boston Cream Pie

*****MENU IS SUBJECT TO CHANGE*****