

**WEEK AT A GLANCE MENU**  
Providence Everett Medical Center - Pacific Campus

**Week 3 Menu**

	February 23, 2025	February 24, 2025	February 25, 2025	February 26, 2025	February 27, 2025	February 28, 2025	March 1, 2025	
<b>BREAKFAST</b>	<p>Sunday Breakfast Choice of Juice Scrambled Egg Banana Pancakes Turkey Sausage Links</p> <p>Milk Coffee Alternate pancakes (2) bacon (2) <i>or</i> sausage (2)</p> <p>Sunday Lunch</p>	<p>Monday Breakfast Choice of Juice Scrambled Eggs Mild Picante Salsa Sauteed Breakfast Potatoes Mandarin Orange Sections</p> <p>Milk Coffee Alternate pancakes (2) bacon (2) <i>or</i> sausage (2)</p> <p>Monday Lunch</p>	<p>Tuesday Breakfast Choice of Juice Scrambled Egg Oatmeal with Berries Seasoned Hash Browns Applesauce</p> <p>Milk Coffee Alternate pancakes (2) bacon (2) <i>or</i> sausage (2)</p> <p>Tuesday Lunch</p>	<p>Wednesday Breakfast Choice of Juice Potato Vegetable Skillet Mild Picante Salsa Total Cereal Diced Peaches</p> <p>Milk Coffee Alternate pancakes (2) bacon (2) <i>or</i> sausage (2)</p> <p>Wednesday Lunch</p>	<p>Thursday Breakfast Choice of Juice Egg &amp; Cheese Biscuit Sandwich Potatoes O'Brien Mild Picante Salsa</p> <p>Banana Milk Coffee Alternate pancakes (2) bacon (2) <i>or</i> sausage (2)</p> <p>Thursday Lunch</p>	<p>Friday Breakfast Choice of Juice Scrambled Eggs Cinnamon French Toast Turkey Sausage Link Total Cereal</p> <p>Milk Coffee Alternate pancakes (2) bacon (2) <i>or</i> sausage (2)</p> <p>Friday Lunch</p>	<p>Saturday Breakfast Choice of Juice Scrambled Eggs w/ Cheese Sweet Potato Hash Blueberry Muffin Banana Milk, Tea Coffee Alternate pancakes (2) bacon (2) <i>or</i> sausage (2)</p> <p>Saturday Lunch</p>	<p>Saturday Breakfast Choice of Juice Scrambled Eggs w/ Cheese Sweet Potato Hash Blueberry Muffin Banana Milk, Tea Coffee Alternate pancakes (2) bacon (2) <i>or</i> sausage (2)</p> <p>Saturday Lunch</p>
<b>LUNCH</b>	<p>Baked Ziti w/ Cheese Meat Sauce Fresh Steamed Broccoli Dinner Roll Orange Angel Food Cake w/ Whip Topping Milk, Tea Alternate Hot Turkey Sandwich Tomato Soup</p> <p>Sunday Dinner</p>	<p>Sloppy Joe Garlic Herb Roasted Potatoes Coleslaw Diced Pears Carrot Cake w/ Walnuts Milk, Tea Alternate Grilled Chicken Caesar Wrap Chicken Rice Soup</p> <p>Monday Dinner</p>	<p>Baked Chicken Macaroni and Cheese Sauteed Zucchini Red Seedless Grapes Cookie Mousse Milk, Tea Alternate Asian Chicken Salad Minestrone Soup</p> <p>Tuesday Dinner</p>	<p>Lasagna Roll-up w/ Marinara Sheet Pan Ratatouille Dinner Roll Fruit Cup Chocolate Chip Cookie Milk, Tea Alternate Trio Salad (chicken, egg, tuna) Chicken Noodle Soup</p> <p>Wednesday Dinner</p>	<p>Braised Beef Spanish Style Brown Rice Sauteed Tomatoes with Kale Red Seedless Grapes Sugar Cookie Milk, Tea Alternate Turkey &amp; Swiss Sandwich Chunky Potato Soup</p> <p>Thursday Dinner</p>	<p>Chicken Pot Pie Sauteed Zucchini and Squash Pineapple Banana Parfait Milk, Tea Alternate Tuna Salad Sandwich on WW Vegetable Rice Soup</p> <p>Friday Dinner</p>	<p>17 Spice Grill Chicken Honey Mustard Sauce Maple Mashed Sweet Potatoes Creamed Spinach Dinner Roll Fruit Cup Chocolate Ice Cream Milk, Tea Alternate Almond Chicken Salad Broccoli Cheddar Soup</p> <p>Saturday Dinner</p>	<p>17 Spice Grill Chicken Honey Mustard Sauce Maple Mashed Sweet Potatoes Creamed Spinach Dinner Roll Fruit Cup Chocolate Ice Cream Milk, Tea Alternate Almond Chicken Salad Broccoli Cheddar Soup</p> <p>Saturday Dinner</p>
<b>DINNER</b>	<p>Pork Loin Mashed Potatoes Seasoned Green Beans Banana Sugar Cookie Milk, Tea Alternate Tuna Salad Sandwich on WW Tomato Soup</p> <p>Sunday Dinner</p>	<p>Chicken Tinga Bowl Red Seedless Grapes Brownie Milk, Tea Alternate Patty Melt Chicken Rice Soup</p> <p>Monday Dinner</p>	<p>Beef Stroganoff Egg Noodles Fresh Steamed Broccoli Dinner Roll Fruit Cup Vanilla Ice Cream Milk, Tea Alternate Santa Fe Turkey Wrap Minestrone Soup</p> <p>Tuesday Dinner</p>	<p>Teriyaki Chicken Brown Fried Rice Carrots with Ginger Pineapple Angel Food Cake w/ Whipped Topping Milk, Tea Alternate Dijon Roast Beef on WW Chicken Noodle Soup</p> <p>Wednesday Dinner</p>	<p>Roast Turkey Breast Mashed Potatoes Seasoned Green Beans Mandarin Orange Sections Vanilla Ice Cream Cup Milk, Tea Alternate Chef Salad Chunky Potato Soup</p> <p>Thursday Dinner</p>	<p>Dijon Herb Crusted Fish Lemon Orzo Sauteed Vegetable Medley Red Seedless Grapes Brownies Milk, Tea Alternate Greek Salad w/ Chicken Vegetable Rice Soup</p> <p>Friday Dinner</p>	<p>Cheeseburger Lettuce &amp; Tomato Garlic Herb Roasted Potatoes Carrot Sticks Fruit Cup Oatmeal Raisin Cookie Milk, Tea Alternate Turkey Wrap Broccoli Cheddar Soup</p> <p>Saturday Dinner</p>	<p>Cheeseburger Lettuce &amp; Tomato Garlic Herb Roasted Potatoes Carrot Sticks Fruit Cup Oatmeal Raisin Cookie Milk, Tea Alternate Turkey Wrap Broccoli Cheddar Soup</p> <p>Saturday Dinner</p>

Name: \_\_\_\_\_ Room #: \_\_\_\_\_  
Circle Main or Alternate Entree. Please do not write in additional items.  
All therapeutic diets will be modified according to diet restrictions and texture requirements.