Bethany at Silver Crest

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2/16/2025	2/17/2025	2/18/2025	2/19/2025	2/20/2025	2/21/2025	2/22/2025
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice	Juice of choice	Juice of choice	Juice of choice	Juice of choice	Juice Of Choice	Juice of choice
Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat	Oatmeal	Cream of Wheat
French Toast	Yogurt Parfait	Vegetable Scramble	Fried Egg	Cheese Omelet	Ham & Swiss Scramble	Biscuits & Gravy
Bacon	w/fruit and Granola	Sausage Links	Candian Bacon	Raisin Toast	Danish	Hard Boiled Egg
	Croissant		Blueberry Muffin			
Fruit		Fruit	Fruit	Fruit	Fruit	Fruit
Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Baked Honey Ham	Chicken Enchilada	Taco Casserole	Penne' Pasta	Polish Sausage	Creamy Mac & Cheese	BBQ Pork Ribs
w/Pineapple	Spanish Rice	Chuckwagon Corn	w/Meat Sauce	Oven Potatoes	Peas & Carrots	Sour Cream Mashed Potatoes
AuGratin Potatoes	Mixed Vegetable		Italian Vegetables	Diced Beets		Buttered Corn
Peas & Pearl Onions			Garlic Toast			
Cookie	Tapioca	Churro	Strawberry Rhubarb Cobbler	Ice Cream	Brownie	Pumpkin Pie
Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
PB & J Sandwich	Cheese Ravioli	Turkey Cream Cheese	Grilled Ham & Cheese	Turkey & Cheese	Bean & Cheese	Chicken Bowtie Pasta
Fruit	Mixed Vegetable	Wrap	Sandwich	Sandwich	Burrito	Buttered Corn
		Green Salad	Coleslaw	Green Salad	Peas & Carrots	
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Beef Stew	Smothered Pork Chops	Tomato Soup	Breakfast for Dinner!	Fried Chicken Legs	Terriyaki Meatballs	Tator Tot Casserole
Cheese Biscuit	Mashed Sweet Potatoes	Grilled Cheese	Waffles w/Strawberry	Mashed Potatoes	Rice Pilaf	Blend Vegetable
	Green Beans		Sauce	w/gravy	Green Beans	
			Sausage Links	Buttered Corn		
Pumpkin Mousse	Chocolate Cream Pie	Cupcake	Sherbet	Cookie	Jello	Ice Cream
Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Cottage Cheese	BBQ Beef on Bun	Tuna Melt	Zuchinni & Swiss	Pulled Pork on Bun	Roast Beef & Cheese	Salmon Fillet w/Sauce
& Fruit Plate	Coleslaw	Grapes	Quiche	Coleslaw	Sandwich	Wild Rice
Cheese Biscuit			3 Bean Salad		Green Salad	Blend Vegetable

Menus Subject to Change

Shanna Brandt DM

Fall/ Winter 2025