



Bethany at Silver Lake



Sunday 3/16/2025	Monday 3/17/2025	Tuesday 3/18/2025	Wednesday 3/19/2025	Thursday 3/20/2025	Friday 3/21/2025	Saturday 3/22/2025
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of wheat Waffle Scrambled Egg Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Biscuits & Gravy Hard Boiled Egg Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Cheese omelet Breakfast Potato Toast Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Breakfast Biscuit Eggs / Cheese Sausage Patty Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Scrambled Sausage Link Scone Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal French Toast Canadian Bacon Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Scrambled Eggs Bacon Toast Fresh Fruit Milk/Coffee/Tea
Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Garlic Chicken Mashed Potato Herbed Green Beans Chocolat Cream Pie Milk/Coffee/Tea	Corned Beef Cabbage Red Potatoes Lime Poke Cake Milk/Coffee/Tea	Spaghetti w/Meat Sauce Buttered Noodles Italian Veg Cookie Milk/Coffee/Tea	Fish and chips Cole Slaw Tartar Yellow cake Milk/Coffee/Tea	Creamy Chicken & Dumplings Mixed Vegetable Fruit Crisp Milk/Coffee/Tea	Chicken Florintine Roasted Garlic Mashed Glazed Carrots Pudding Milk/Coffee/Tea	Breaded pork Chop Mashed Potato & Gravy Mixed Vegetables Asst Desserts Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Hot Beef Sandwich Garlic mashed Herbed green beans	Pulled Pork Potato Salad Baked Beans	Asian Chicken Salad Garlic Toast Cookie	Chicken Salad on Croissant Yellow Cake	Sliced Ham Mashed Potato Mixed Vegetables	Tuna Salad Sandwich BBQ Chips	Fishwich w/Cheese Coleslaw
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Teriyaki Meatball Fried Rice Candied carrots Ice Cream Milk/Coffee/Tea	Lemon Pepper Cod Garden Rice Broccoli Fruited Jello Milk/Coffee/Tea	Country Fried Steak Mashed Potatoes Vegetable blend Rice Crispy Treat Milk/Coffee/Tea	Greman Sausage On a bun Saurekraut Potato Salad Cookie Milk/Coffee/Tea	Pizza Salad Vanilla Pudding Milk/Coffee/Tea	Chicken Tendars Pasta Salad Candied carrots Brownie Milk/Coffee/Tea	Chef Salad Ranch Dressing Bread stick Apple crisp Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Seafood Pasta Salad Seasonal Fruit Ice Cream	Pork McRiblet Frys Fruited Jello	Cheese Enchiladas Mixed vegetable Rice Crispy treat	Vegetable Lasagna Green Salad Cookie	Cottage Cheese & Fruit Plate Roll	Veggie Egg Roll Sesame Carrot Salad	Roast beef & Cheese Sandwich

*****MENU IS SUBJECT TO CHANGE****