



# Bethany at Silver Lake



<b>Sunday</b> <b>3/9/2025</b>	<b>Monday</b> <b>3/10/2025</b>	<b>Tuesday</b> <b>3/11/2025</b>	<b>Wednesday</b> <b>3/12/2025</b>	<b>Thursday</b> <b>3/13/2025</b>	<b>Friday</b> <b>3/14/2025</b>	<b>Saturday</b> <b>3/15/2025</b>
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Juice of choice Cream of wheat Ham and Cheese Breakfast Scramble Toast Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Oatmeal Eggs Benidict Breakfast Potato  Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Cream of wheat Veggie Scrambled Muffin  Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Oatmeal Egg Patty Bacon Toast Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Cream of wheat Blueberry Pancake Cheesy Eggs  Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Oatmeal French Toast Bake Sausage  Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Cream of wheat Scrambled Egg Bacon Toast Fresh Fruit Milk/Coffee/Tea alt Cold Cereal
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Teriyaki Chicken Garden Rice Mixed Vegetable  Pie Milk/Coffee/Tea	Seafood Pasta Garlic Bread  Fruit Crisp Milk/Coffee/Tea	Pork loin Mashed Potatoes Corn  Strawberry ShortCake Milk/Coffee/Tea	Hammy Mac & Cheese Green Beans  Swirl Cake Milk/Coffee/Tea	Cheesy Ground Beef Cassarole Mixed Vegetables  Pumpkin Pie Milk/Coffee/Tea	Baked White Fish Garden rice Key West Vegetables  Spiced Peaches Milk/Coffee/Tea	Garlic Baked Chicken Candied Yams Asparagus  Peanutbutter Cake Milk/Coffee/Tea
<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>
Kielbasa Sauerkraut Potato Salad	Chicken Salad Croissant Chips	Chicken Verde Cass Corn	Chili Dog Onion and Cheese Chips	Cheese Enchilada Spanish Rice Mixed Vegetables	Egg Salad Sandwich Chips	Tuna Salad Sandwich Pasta Salad
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Fish and Chips Cole Slaw  Cake Milk/Coffee/Tea	BBQ pork Ribs Baked Beans Glazed Carrots  Jelled Fruit Milk/Coffee/Tea	Goulash w/Noodles Salad Garlic Bread  Ice Cream Milk/Coffee/Tea	Country Fried Steak Mashed Potatoes Buttered Peas  Pudding Milk/Coffee/Tea	Meatloaf Mashed potato Spinach  Cookie Milk/Coffee/Tea	Orange Chicken Rice Stir fried Vegetable  Apple Pie Milk/Coffee/Tea	Cheeseburger Relish Plate Frys  Ice Cream Milk/Coffee/Tea
<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>
Meatball Sub Sandwich Chips	Grilled Cheese Tomato soup	Hot Beef Sandwich Mashed Potatoes Vegetable	Seafood salad Dressing Roll	Turkey Sandwich French Onion soup	Vegetable Lasagna Salad Ranch	Chicken Burger w/lettuce & tomato Frys

Fall Winter 2024  
Chef Greg Mccammond CFPM

Week 4

**\*\*\*MENU IS SUBJECT TO CHANGE\*\***