

Bethany at Silver Lake



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---------------------|---------------------|----------------------|---------------------|----------------------|-------------------------|-----------------------|
| 3/30/2025 | 3/31/2025 | 4/1/2025 | 4/2/2025 | 4/3/2025 | 4/4/2025 | 4/5/2025 |
| Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| Juice of choice | Juice of choice | Juice of choice | Juice of choice | Juice of choice | Juice of choice | Juice of choice |
| Oatmeal | Cream Of wheat | Oatmeal | Cream of wheat | Oatmeal | Cream of wheat | Oatmeal |
| Cheesy Egg Scram | Bacon And Eggs | Blueberry Pancake | Veggie Scramble | Strawberry Waffle | Hammy Scramble | Cheese Omelet |
| Breakfast Potato | Toast | Sausage | Breakfast Potato | Scrambled Egg | Toast | Danish |
| Fresh Fruit | Fresh Fruit | Fresh Fruit | Wheat Toast | | Fresh Fruit | Fresh Fruit |
| Milk/Coffee/Tea | Milk/Coffee/Tea | Milk/Coffee/Tea | Milk/Coffee/Tea | Milk/Coffee/Tea | Milk/Coffee/Tea | Milk/Coffee/Tea |
| alt Cold Cereal | Alt Cold Cereal | Alt Cold Cereal | Alt Cold Cereal | Alt Cold Cereal | Alt Cold Cereal | Alt Cold Cereal |
| Lunch | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| Chicken Marsala | Shepards Pie | Lemon Pepper Chicken | Cheese Burger | Pineapple Baked Ham | Philly Cheese Steak | BBQ Chicken |
| Creamy Garlic Pasta | Mashed Potato | Rice Pilaf | Relish Plate | Sweet Potato | Onion Rings | Potato Salad |
| Seasoned Vegetable | Mixed Vegetable | Steamed Broccoli | Frys | Brussel Sprouts | | Green Beans |
| | | | Ambrosia | | | |
| Fruit Crisp | Ice Cream | Fruit Cup | | Orange Cake | Lemon Meringue | Swirl Cake |
| Milk/Coffee/Tea | Milk/Coffee/Tea | Milk/Coffee/Tea | Milk/Coffee/Tea | Milk/Coffee/Tea | Milk/Coffee/Tea | Milk/Coffee/Tea |
| Alternate | Alternate | Alternate | Alternate | Alternate | Alternate | Alternate |
| Roasted Pork Loin | Fish Tacos | Roast beef & Cheese | Chicken Burger | Corn Dogs | Chicken Salad Croissant | Tuna Melt |
| Creamy Garlic Pasta | Cole Slaw | Sandwich | Relish Plate | Corn Chips and Chili | Fruit Cup | Coleslaw |
| Seasoned Vegetable | Spanish Rice | Chips | Frys | and Cheese | | Swirl Cake |
| Dinner | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner |
| Chicken Nuggets | Breaded Pork Chop | Orange Chicken | Baked Chicken | Salisbury Steak | Tilapia | Stuffed Pasta Shells |
| Coleslaw | Au Gratin Potato | Fried Rice | Baked Potato | Mashers | Rice Pilaf | Alfredo Sauce |
| French Frys | Beets | Stir fry Vegetable | Corn on Cob | Green Beans | Asparagus | Italian Vegetables |
| BBQ Sauce | | | | | | |
| Chocolate Cake | Peach Cobbler | Whipped Jello | Boston Cream Pie | Cookie | Fruit Salad | Strawberry Short cake |
| Milk/Coffee/Tea | Milk/Coffee/Tea | Milk/Coffee/Tea | Milk/Coffee/Tea | Milk/Coffee/Tea | Milk/Coffee/Tea | Milk/Coffee/Tea |
| Alternate | Alternate | Alternate | Alternate | Alternate | Alternate | Alternate |
| Peanut Butter jelly | Bacon Cheese Quiche | Chili Dog | Greman Sausage | Crab Cakes | Pizza | Chef Salad |
| Sandwich | Corn Bread | Onion /Cheese | German Potato Salad | French frys | Green salad | Garlic Bread |
| Chips | Peach Cobbler | Pasta Salad | Sauerkraut | Green Beans | Fruit Salad | Ranch |

Fall /Winter 2024 Chef Greg McCammond CFPM