



# Bethany at Silver Lake



| Sunday  | Monday   | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday   |
|---|--|--|--|---|--|--|
| 5/25/2025   | 5/26/2025  | 5/27/2025  | 5/28/2025  | 5/29/2025   | 5/30/2025  | 5/31/2025  |
| Breakfast   | Breakfast  | Breakfast  | Breakfast  | Breakfast   | Breakfast  | Breakfast  |
| Juice of choice<br>Oatmeal<br>Cheese Omelet<br>Hashbrowns<br>Fresh Fruit<br>Milk/Coffee/Tea     | Juice of choice<br>Cream Of wheat<br>Bacon And Eggs<br>Toast<br>Fresh Fruit<br>Milk/Coffee/Tea | Juice of choice<br>Oatmeal<br>Blueberry Pancake<br>Sausage<br>Fresh Fruit<br>Milk/Coffee/Tea | Juice of choice<br>Cream of wheat<br>Veggie Scrambled<br><br>Raisin Toast<br>Milk/Coffee/Tea         | Juice of choice<br>Oatmeal<br>Strawberry Waffle<br>Scrambled Egg<br><br>Milk/Coffee/Tea   | Juice of choice<br>Cream of wheat<br>Ham, Egg, Potato<br>Breakfast Skillet<br>Fresh Fruit<br>Milk/Coffee/Tea | Juice of choice<br>Oatmeal<br>Cheese Omelet<br>Toast<br>Fresh Fruit<br>Milk/Coffee/Tea             |
| alt Cold Cereal   | Alt Cold Cereal  | Alt Cold Cereal  | Alt Cold Cereal  | Alt Cold Cereal   | Alt Cold Cereal  | Alt Cold Cereal  |
| Lunch   | Lunch  | Lunch  | Lunch  | Lunch   | Lunch  | Lunch  |
| Baked Ham<br>Augratin Potato<br>Green Beans<br><br>Swirl Sake<br>Milk/Coffee/Tea                | Baked Tilapia<br>Spanish Rice<br>Mixed Vegetables<br><br>Lemon cake<br>Milk/Coffee/Tea         | Hammy<br>Mac and Cheese<br>Mixed Vegetables<br><br>Ice Cream<br>Milk/Coffee/Tea              | Meat Loaf<br>Cheese mashed potato<br>Capri Blend<br><br>Pumpkin Pie<br>Milk/Coffee/Tea               | Pork loin<br>Mashed<br>Green Beans<br><br>Cookie<br>Milk/Coffee/Tea                       | Fish and chips<br>Cole Slaw<br>Tartar<br><br>Lemon Meringue<br>Milk/Coffee/Tea                               | BBQ Chicken<br>Potato Salad<br>Green Beans<br><br>Watermelon<br>Milk/Coffee/Tea                    |
| Alternate   | Alternate  | Alternate  | Alternate  | Alternate   | Alternate  | Alternate  |
| Garlic Chicken<br>Creamy Garlic pasta<br>Seasonal Vegetable                                     | Street Tacos<br>Marinated Cole Slaw<br>Spanish Rice  | Roast Beef / Cheese<br>Sandwich<br>Chips   | Parm Chicken<br>Cheesy Mashed<br>Capri Blend   | Chicken Burger<br>Relish plate<br>Seasoned fries  | Chicken Salad Croissant<br>Broccoli Cheese Soup  | Tuna Crossant<br>Lettuce, Tomato<br>Chips  |
| Dinner  | Dinner   | Dinner   | Dinner   | Dinner  | Dinner   | Dinner   |
| Country Fried Steak<br>Mashed Potato<br>Seasonal Vegetables<br><br>Ice Cream<br>Milk/Coffee/Tea | Lemon Herbed Chicken<br>Au Gratin Potato<br>Beets<br><br>Rhurbarb Crisp<br>Milk/Coffee/Tea     | Pulled pork<br>BBq sauce<br>Cole Slaw<br>Baked Beans<br>Frosted cake<br>Milk/Coffee/Tea      | Baked Chicken Legs<br>Baked Beans<br>Corn on the Cob<br><br>Strawberry Short Cake<br>Milk/Coffee/Tea | Broccoli Beef Stir fry<br>White Rice<br>Fortune Cookie<br><br>Ambrosia<br>Milk/Coffee/Tea | Salisbury Steak<br>Mashed Potato<br>Key West Blend<br><br>Ice Cream<br>Milk/Coffee/Tea                       | Stuffed Pasta Shells<br>Alfredo Sauce<br>Italian Vegetables<br><br>Frosted cake<br>Milk/Coffee/Tea |
| Alternate   | Alternate  | Alternate  | Alternate  | Alternate   | Alternate  | Alternate  |
| Meatball Sub<br>Green Salad   | Bacon Cheese Quiche<br>Fresh Fruit<br>Rhurbarb Crisp   | Old School Hot Dog<br>Pasta Salad<br>Frosted cake  | Grilled Cheese<br>Tomato Soup  | Seafood Salad<br>Roll<br>Ambrosia   | Egg Salad Sandwich<br>Relish Plate<br>Chips  | Baked White Fish<br>Rice<br>Italian Vegetables   |

Spring Summer 2025  
Chef Greg McCammond CFPM

Week 2

\*\*\*MENU IS SUBJECT TO CHANGE\*\*