

Bethany at Silver Erest



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6/15/2025	6/16/2025	6/17/2025	6/18/2025	6/19/2025	6/20/2025	6/21/2025
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice	Juice of choice	Juice of choice	Juice of choice	Juice of choice	Juice of choice	Juice of choice
Cream of wheat	Oatmeal	Cream of wheat	Oatmeal	Cream of wheat	Oatmeal	Cream of wheat
Danish	Yogurt Pafait	Fried Egg	Vegetable Scramble	Breakfast Sandwich	Pancakes	Scrambled Eggs
Bacon	w/Fruit	Sausage Links	Triangle Hashbrown	Sausage, egg & cheese	Canadian Bacon	Sausage Links
Fried Egg	Croissant	Toast		on biscuit		Hashbrowns
Fresh Fruit	Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Lemon Tilapia	Chicken Noodle	Taco Salad	Honey Pineapple	Hot Dog on Bun	Beef Stir Fry	Roast Beef Sub
Rice Pilaf	Casserole	Ground Beef, Shredded	Terriaki Chicken Breast	w/Saurkraut	w/Yakisoba	Homemade Potato Salad
Steamed Broccoli	Buttered Peas & Onions	Lettuce,Tomatoes, Cheese	Rice Pilaf	Baked Beans	Spring Roll	Green Beans
		Black Olives, Tortilla Chips	Stir Fry Vegetable			
Cookie	Tapioca	Watermelon	Oatmeal Jammy Bar	Strawberry Ice Cream Bar	Lemon Pudding	Brownie
Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Grilled Cheese Sandwich	Quinoa Salad w/Feta	Turkey Cream Cheese	Mac & Cheese	Cottage Cheese	Chicken Salad w/Apple	Tuna Melt
Coleslaw	Tomato/Cucumber	Ranch Roll Up	Stir Fry Vegetable	& Fruit Plate	on Croissant	Green Salad
	Roll	Marinated Tomatoes		Roll	Pickled Beet Salad	
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Chicken Tendars	Salisbury Steak	Cowboy Pizza	Breakfast for Dinner	Penne' Pasta	Mango Chicken Legs	Cheesy Broccoli Rice
Curly Fries	w/Mushroom Gravy	w/Sausage	Biscuits w/Sausage	w/meat sauce	Mashed Potatoes	Casserole w/Chicken
Chuckwagon Corn	Mashed Potatoes	Green Salad	Gravy	Garlic Bread	w/ Gravy	Honey Baby Carrots
	Italian Vegetable		Scrambled Eggs	Green Beans	Buttered Corn	
Frosted Cake	Lemon Meringue Pie	Cookie	Ice Cream w/Sauce	Cookie	Chocolate Pudding	Orange Sherbet
Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Roast Beef & Swiss	Turkey & Cheese	Chef Salad	Ham & Swiss Quiche	Turkey & Cheese	BBQ Pulled Pork on Bun	Rotini/Pasta
Sandwich on Rye	Hoagie w/lettuce,tomato	Roll	3 Bean Salad	Sandwich	Buttered Corn	Vegetable Salad w/Cheese
Green Salad	& Avocado/ Soup			Green Salad		Roll

Spring/Summer 2025 Shanna Brandt Dietary Manager