

Bethany at Silver Erest



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6/29/2025	6/30/2025	7/1/2025	7/2/2025	7/3/2025	7/4/2025	7/5/2025
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice	Juice of choice	Juice of choice	Juice of choice	Juice of choice	Juice of choice	Juice of choice
Cream of wheat	Oatmeal	Cream of wheat	Oatmeal	Cream of wheat	Oatmeal	Cream of wheat
Ham & Swiss Scramble	Breakfast Sandwich	Bagel w/cream cheese	Vegetable Scramble	Cheese Omelet	Pancakes	Breakfast Burrito
Scone	on Biscuit w/	Fried Egg	Cran.Orange Muffin	Sausage Links/Toast	Bacon	Triangle Hashbrown
Fruit	Canadian Bacon,Egg,Cheese	on Biscuit/w/Fruit	Fruit	Fruit	Fresh Fruit	Fresh Fruit
Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Happy 4th!!	Lunch
Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of day
BBQ Boneless Ribs	Fish & Chips	Beef Stir Fry	Sweet & Sour Chicken	Butter Chicken	Hot Dog on Bun	Chicken Enchilada
Cheesy Sour Cream	Coleslaw	w/Yakisoba Noodles	Steamed Rice	Oven Red Potatoes	Coleslaw	Spanish Rice
Mashed Potatoes		Spring Rolls	Stir Fry Vegetable	Blend Vegetables	Chips	Chuckwagon Corn
Green Beans					Can of Soda	
Cheesecake Cup	Ice Cream Bar	Oatmeal Jammy Bar	Frosted Cake	Jello Delight	Apple Crisp	Banana Cream Pie
Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Cheese Stuffed Shells	Cottage Cheese & Fruit Plate	Turkey Ranch	Cheesy Bow Tie Pasta	Honey Ham	French Dip	California Turkey Melt
w/Alfredo Sauce	Dinner Roll	Cream Cheese Roll up	Stir fry Vegetable	Oven Red Potatoes	Coleslaw	Coleslaw
Green Beans		Green Salad		Blend Vegetables		
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Mango Chicken Legs	Chicken Tendars	Tuna Noodle	Cheese Burger	Terriyaki Meatballs	Chicken Cutlet	Salisbury Steak
Mashed Sweet Potatoes	Jo-Jo Potatoes	Casserole	on Bun	Rice Pilaf	Mashed Potatoes	w/Mushroom Gravy
Blend Vegetables	Buttered Corn	Buttered Peas & Carrots	w/Lettuce/Tomato	Diced Beets	w/chicken gravy	Mashed Potatoes
			French Fries		Buttered Corn	Buttered Peas
Cupcake	Cookie	Cinnamon Apples	Ice Cream w/Sauce	Cookie	Chocolate Pudding	Ice Cream Cup
Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Ham & Swiss on Rye	Philly Beef Sliders	PB & J Sandwich	Cottage Cheese &	Vegetable Lasagna	Ham & Cheese	Mac & Cheese
Soup	Buttered Corn	Soup	Fruit Plate	Diced Beets	Sandwich	Buttered Peas
			Dinner Roll		Green Salad	