



Bethany at Silver Lake



Sunday 7/13/2025	Monday 7/14/2025	Tuesday 7/15/2025	Wednesday 7/16/2025	Thursday 7/18/2025	Friday 7/19/2025	Saturday 7/20/2025
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of wheat Ham & Cheese Breakfast Scramble Toast Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Eggs Benidict Hashbrown Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Veggie Scrambled Muffin Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Egg Patty Bacon Toast Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Blueberry Pancake Cheesy Eggs Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal French Toast Bake Sausage Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Scrambled Egg Bacon Toast Fresh Fruit Milk/Coffee/Tea
Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	alt Cold Cereal
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Cordon Bleu Mashed potato Green Beans Pie Milk/Coffee/Tea	Beef Taco Salad Lettuce Tomato Onion Cheese Salsa & Sour cream Churro Milk/Coffee/Tea	Honey Mustard Chicken Steamed Broccoli Garden Rice Apple Crisp Milk/Coffee/Tea	Slow Roasted Turkey Dressing Mixed vegetable Ambroisa Milk/Coffee/Tea	Chicken Mushroom Pasta Broccoli Swirl Cake Milk/Coffee/Tea	BBQ Pork Ribs Garden rice Key West Vegetables Spiced Peaches Milk/Coffee/Tea	Glazed ham Candied Yams Asparagus Cookie Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Kielbasa Sauerkraut Potato Salad	Chicken Salad Croissant Chips	Tuna Melt Steamed Broccoli Chips	Chili Dog w/Bun Cheese & Onion Chips	Bean & Cheese Burrito Spanish Rice Corn	Pepper Steak Garden Rice	Cheese Enchiladas Asparagus
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Sweet and Sour Pork Loin Rice Stir Fry Vegetables Cake Milk/Coffee/Tea	Bacon Lettuce Tomato Sandwich Macaroni Salad Jelled Fruit Milk/Coffee/Tea	Baked Zitty Salad Garlic bread Rice Crispy Treat Milk/Coffee/Tea	Country Fried Steak Mashed Potatoes Peas Banana cream pudding Milk/Coffee/Tea	Salisbury Steak Mashed potato Corn on the Cob Ice Cream Milk/Coffee/Tea	Orange Chicken Rice Stir fried Vegetable Apple Pie Milk/Coffee/Tea	Ground Beef Stroganoff Pasta Blend Veg. Rhubarb Crisp Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Spinach Salad w/Chicken & Raspberry Vinaigrette	Jumbo Hot Dog Macaroni salad	Hot Roast Beef Sandwich Mash & Vegetable	Seafood Salad 1000 Island Roll	Turkey Sandwich Lettuce & Tomato Soup	Vegetable Egg Roll Rice Stir Fry Vegetable	Tuna Salad Sandwich Chips

Spring Summer 2025
Chef Greg Mccammond CFPM

Week 4

*****MENU IS SUBJECT TO CHANGE****