



# Bethany at Silver Lake



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7/27/2025	7/28/2025	7/29/2025	7/30/2025	7/31/2025	8/1/2025	8/2/2025
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Cream of wheat Eggs Benedict Hashbrown  Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Oatmeal Biscuit and Gravy Hard Boiled Egg  Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Cream of wheat Cheese Omelet Toast  Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Oatmeal Egg Sausage Cheese Breakfast Sandwich  Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Cream of wheat Veggie Scramble  Toast Fresh fruit Milk/Coffee/Tea Alt Cold Cereal	Oatmeal Pancakes Sausage  Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Cream of wheat Cheesy Scrambled Danish  Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Fried chicken Cauliflower Whipped Potato  Marble Cake Milk/Coffee/Tea	Spaghetti Buttered Noodles Italian Vegetables Garlic Bread Rhubarb Crisp Milk/Coffee/Tea	Garlic Herbed Pork Rice Pilaf Broccoli  Banana Pudding Milk/Coffee/Tea	Glazed Ham Roasted Baby Reds Mixed Vegetables  Peach Cobbler Milk/Coffee/Tea	BBQ Chicken Baked Beans Cole Slaw  Strawberry short Cake Milk/Coffee/Tea	Baked White Fish Garden Rice Spinach w/Mushroom  Pie Milk/Coffee/Tea	Yankee Pot Roast Potatoes , Onions Celery , Carrots  Sherbet Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Hot Beef Sandwich Whipped potato Cauliflower	Hot turkey Sandwich Mashed Potato Italian Vegetables	Meatball Sub Tossed Salad	Fish & Chips ColeSlaw Tartar	German Sausage Sauerkraut Red Potato Salad	Tuna Salad Sandwich Croissant Bbq Chip	Chicken Caesar Salad Roll
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Salisbury Steak Roassted Zucchini Garlic Bread  Fresh Fruit Cup Milk/Coffee/Tea	Baked Tilapia Garden Rice Seasonal Vegetable  Lemon Cake Milk/Coffee/Tea	Mick Ribblet JoJos Coleslaw  Peaches w/ Whip Milk/Coffee/Tea	Cordon Bleu Mashed Potato Green Beans  Brownie Milk/Coffee/Tea	Bacon Burger French Frys Relish plate  Rainbow Sherbet Milk/Coffee/Tea	Pizza Salad  Mandrin Orange parfait Milk/Coffee/Tea	Salmon Mini Bakers  Mixed Veggies Cookies Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Turkey and cheese Sandwich Chips	Grilled Cheese Tomato Soup Lemon cake	Cottage Cheese Fruit Plate Bread stick	Ham and Chees Sandwich Chips	Chicken Tenders Frys Dipping Sauce	Egg Salad Sandwich Chips	Chicken burger Relish plate Fries

Spring Summer 2025  
Chef Greg McCammond CFPM

Week 1

\*\*\*MENU IS SUBJECT TO CHANGE\*\*