



# Bethany at Silver Crest



| Sunday   | Monday  | Tuesday  | Wednesday   | Thursday  | Friday  | Saturday   |
|--|---|--|---|---|---|--|
| 8/3/2025   | 8/4/2025  | 8/5/2025   | 8/6/2025  | 8/7/2025  | 8/8/2025  | 8/9/2025   |
| <b>Breakfast</b>   | <b>Breakfast</b>  | <b>Breakfast</b>   | <b>Breakfast</b>  | <b>Breakfast</b>  | <b>Breakfast</b>  | <b>Breakfast</b>   |
| Juice of choice<br>Cream of wheat<br>Ham & Swiss Scramble<br>Raisin Toast<br>Fruit<br>Milk/Coffee/Tea              | Juice of choice<br>Oatmeal<br>Breakfast Sandwich<br>on Biscuit w/<br>Canadian Bacon,Egg,Cheese<br>Milk/Coffee/Tea | Juice of choice<br>Cream of wheat<br>Bagel w/cream cheese<br>Fried Egg<br>Fruit<br>Milk/Coffee/Tea | Juice of choice<br>Oatmeal<br>Vegetable Scramble<br>Cran.Orange Muffin<br>Fruit<br>Milk/Coffee/Tea  | Juice of choice<br>Cream of wheat<br>Maple Bar<br>Bacon<br>Fruit<br>Milk/Coffee/Tea             | Juice of choice<br>Oatmeal<br>Pancakes<br>Sausage Links<br>Fresh Fruit<br>Milk/Coffee/Tea                   | Juice of choice<br>Cream of wheat<br>Coffee Cake<br>Canadian Bacon<br>Fresh Fruit<br>Milk/Coffee/Tea |
| <b>Lunch</b>   | <b>Lunch</b>  | <b>Lunch</b>   | <b>Lunch</b>  | <b>Lunch</b>  | <b>Lunch</b>  | <b>Lunch</b>   |
| <b>Soup of the day</b>   | <b>Soup of the day</b>  | <b>Soup of the day</b>   | <b>Soup of the day</b>  | <b>Soup of the day</b>  | <b>Soup of the day</b>  | <b>Soup of the day</b>   |
| BBQ Boneless Ribs<br>Calico Baked Beans<br>Green Beans<br><br>Frosted Cake<br>Milk/Coffee/Tea                      | Tilapia (white fish)<br>Scalloped Potatoes<br>Buttered Peas<br><br>Tapioca<br>Milk/Coffee/Tea                     | Beef Stir Fry<br>w/Yakisoba Noodles<br>Spring Rolls<br><br>Oatmeal Jammy Bar<br>Milk/Coffee/Tea    | Hawaiian Pizza<br>Green Salad<br><br>Fruit Turnover<br>Milk/Coffee/Tea                              | Butter Chicken<br>Oven Red Potatoes<br>Blend Vegetables<br><br>Jello Delight<br>Milk/Coffee/Tea | Penne' Pasta<br>w/meat sauce<br>Green Beans<br>Garlic Toast<br>Cookie<br>Milk/Coffee/Tea                    | Beef Enchilada<br>Spanish Rice<br>Chuckwagon Corn<br><br>Ice Cream Bar<br>Milk/Coffee/Tea            |
| <b>Alternate</b>   | <b>Alternate</b>  | <b>Alternate</b>   | <b>Alternate</b>  | <b>Alternate</b>  | <b>Alternate</b>  | <b>Alternate</b>   |
| Cheese Tortellini<br>w/Alfredo Sauce<br>Green Beans  | Cottage Cheese & Fruit Plate<br>Dinner Roll   | Turkey Ranch<br>Cream Cheese Roll up<br>Green Salad  | Cheesy Bow Tie Pasta<br>Stir fry Vegetable  | Maple Ham<br>Oven Red Potatoes<br>Blend Vegetables  | Coucous Salad<br>w/tomato/cucumber<br>feta cheese/Roll  | Mac & Cheese<br>Chuckwagon Corn  |
| <b>Dinner</b>  | <b>Dinner</b>   | <b>Dinner</b>  | <b>Dinner</b>   | <b>Dinner</b>   | <b>Dinner</b>   | <b>Dinner</b>  |
| Mango Chicken Legs<br>Mashed Sweet Potatoes<br>Blend Vegetables<br><br>Frog Eye Salad (dessert)<br>Milk/Coffee/Tea | Chicken Tendars<br>Jo-Jo Potatoes<br>Buttered Corn<br><br>Cookie<br>Milk/Coffee/Tea                               | Tuna Noodle<br>Casserole<br>Buttered Peas & Carrots<br><br>Cinnamon Apples<br>Milk/Coffee/Tea      | Cheese Burger<br>on Bun<br>w/Lettuce/Tomato<br>French Fries<br>Ice Cream w/Sauce<br>Milk/Coffee/Tea | Sweet & Sour Meatballs<br>Rice Pilaf<br>Diced Beets<br><br>Cookie<br>Milk/Coffee/Tea            | Chicken Cutlet<br>Mashed Potatoes<br>w/chicken gravy<br>Buttered Corn<br>Vanilla Pudding<br>Milk/Coffee/Tea | Orange Chicken<br>Steamed Rice<br>Peas & Carrots<br><br>Homemade Custard Pie<br>Milk/Coffee/Tea      |
| <b>Alternate</b>   | <b>Alternate</b>  | <b>Alternate</b>   | <b>Alternate</b>  | <b>Alternate</b>  | <b>Alternate</b>  | <b>Alternate</b>   |
| Ham & Swiss on Rye<br>Marinated Tomatoes   | Philly Beef Sliders<br>Buttered Corn  | PB & J Sandwich<br>Soup  | Cottage Cheese &<br>Fruit Plate<br>Dinner Roll  | Vegetable Lasagna<br>Diced Beets  | Ham & Cheese<br>Sandwich<br>Green Salad   | Sloppy Joe on Bun<br>Potato Wedges   |