

## Bethany at Silver Crest



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8/10/2025	8/11/2025	8/12/2025	8/13/2025	8/14/2025	8/15/2025	8/16/2025
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice	Juice of choice	Juice of choice	Juice of choice	Juice of choice	Juice of choice	Juice of choice
Cream of wheat	Oatmeal	Cream of wheat	Oatmeal	Cream of wheat	Oatmeal	Cream of wheat
Vegetable Scramble	Fruit & Yogurt Parfait	French Toast	Eggs Benedict	Vegetable Scramble	Breakfast Sandwich	Denver Scramble
Donut	Croissant	Canadian Bacon	Oven Potatoes	Cinnamon Roll	Sausage, Egg, Cheese	Hashbrowns
					on Biscuit	
Fresh Fruit		Fruit	Fresh Fruit	Fruit	Fresh Fruit	Fresh Fruit
Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Fish & Chips	Potato Crusted Fish	Dijon Maple Ham	Baked Spaghetti	Alfredo Chicken	Chicken Tendars	Chicken Breast on Bun
Coleslaw w/pineapple	Baked Potato w/	Cheesy Bow Tie Pasta	Green Beans	& Bacon Pizza	Homemade Potato Salad	w/ Lettuce,Tomato
	Sour Cream	Diced Beets	Garic Toast	Green Salad	Chuckwagon Corn	Pickles
	Buttered Peas					BBQ Chips
Brownie	Asst. Desserts	Tapioca Pudding	Chocolate Turnover	Watermelon Cubes	Jello Delight	Cookie
Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
French Bread Pizza	Creamy Mac & Cheese	Asian Chicken Salad	Bean & Cheese	Chickpea Salad	Cottage Cheese	Open Face Tuna Melt
Green Salad	Buttered Peas	Dinner Roll	Burrito	w/cucumber,tomato,feta	& Fruit Plate	w/diced tomato,onion
			Green Beans	Roll	Roll	Chips
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Cowboy Meatloaf	Breakfast for Dinner!	Salmon Fillet w/Holandaise	Shepards Pie	Mango Chicken Legs	Ham & Swiss Sandwich	Hot dog on Bun
& Potato Pie	Blueberry Pancakes	Rice Pilaf	Mixed Vegetable	Mashed Potatoes	on Rye	w/onions & cheese
Blend Vegetable	w/Syrup	Buttered Peas		w/Gravy	Soup	Baked Beans
	Bacon	& Diced Carrots		Chuckwagon Corn		
Warm Cinnamon Apples	Ice Cream w/Sauce	Jello Pretzel Dessert	Boston Cream Pie	Cookie	Ice Cream Cup	Watermelon Cubes
Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Chicken Salad w/apple	Egg Salad	Roast Beef & Cheese	Grilled Cheese Sand.	Sloppy Joe on Bun	Vegetable Lasagna	Rotini Pasta Salad
on Croissant	Sandwich	on Hoagie	Carrot Raisin Salad	Macaroni Salad	Green Beans	w/Veg. Hard Salami
Cucumber Slices	Marinated Tomatoes	Soup				Cheese & Olives/Roll

Spring/Summer 2025 Shanna Brandt Dietary Manager