



# Bethany at Silver Crest



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8/31/2025	9/1/2025	9/2/2025	9/3/2025	9/4/2025	9/5/2025	9/6/2025
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Juice of choice Cream of wheat French Toast Bacon Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Cheese Omelet Raisin Toast Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Breakfast Sandwich Sausage,Egg, Cheese on Biscuit/Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Blueberry Sausage Links Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Biscuits & Gravy Fried Egg Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Bacon, Onion, Swiss Quiche Scone/Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Henry's Country Benedict w/sausage gravy Fruit Milk/Coffee/Tea
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
Diced Ham & Scalloped Potato Casserole Blend Vegetable Rice Krispie Treat Milk/Coffee/Tea	<b>Taco Casserole</b> (Ground Beef, Beans Tomato, sour cream, olives) <b>Fritos</b> <b>Brownie</b> Milk/Coffee/Tea	Creamy Mac & Cheese Steamed Broccoli Chocolate Turnover Milk/Coffee/Tea	<b>Meatloaf w/Gravy</b> Baked Potato w/sour cream Buttered Peas Frosted Cake Milk/Coffee/Tea	Anita's Homemade Beef <b>Lasagna</b> Italian Vegetable Garlic Toast Watermelon Cubes Milk/Coffee/Tea	BBQ Boneless Ribs Cheesy Mashed Potatoes Green Beans Cheesecake Cup Milk/Coffee/Tea	<b>Fish &amp; Chips</b> <b>Coleslaw</b> Chocolate Cream Pie Milk/Coffee/Tea
<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>
Tuna on Croissant Marinated Tomatoes	Chickpea Salad Dinner Roll	Chicken Salad Sandwich Green Salad	Crab Cake Baked Potato Buttered Peas	Cheesy Bow Tie Pasta Italian Vegetable	Cottage Cheese w/Fruit Roll	Antipasto Salad/Roll (Hard Salami, Cheese, Artichoke Hearts, Tomato)
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Baked Salmon w/Hollandaise Sauce Rice Pilaf Beets Cookie Milk/Coffee/Tea	Salisbury Steak w/Mushroom Gravy Mashed Potatoes Green Beans Frosted Cake Milk/Coffee/Tea	Beef Enchilada Casserole Spanish Rice Chuckwagon Corn Churros Milk/Coffee/Tea	<b>Breakfast for Dinner!</b> Bananas Foster Pancakes Vanilla Ice Cream Milk/Coffee/Tea	Mango Chicken Legs Mashed Potatoes w/chicken gravy Buttered Corn Cookie Milk/Coffee/Tea	Hot Dog on Bun w/ Saurkraut Baked Beans Vanilla Pudding Milk/Coffee/Tea	Chef Shanna's Beef Pot Roast w/gravy w/ Potatoes, Celery, Onion & Carrots Ice Cream Bar Milk/Coffee/Tea
<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>
French Dip w/ French Onion Soup	Cottage Cheese & Fruit Plate Roll	Turkey & Cheese Sandwich Green Salad	Egg Salad on Croissant 3 Bean Salad	Roast Beef & Cheese Sandwich Cucumber Slices	BBQ Pulled Chicken On Bun Baked Beans	Cottage Cheese & Fruit Plate Roll

Spring/Summer 2025  
Shanna Brandt Dietary Manager

Week 1

\*\*\*MENU IS SUBJECT TO CHANGE\*\*