



Bethany at Silver Lake



Sunday 9/7/2025	Monday 9/8/2025	Tuesday 9/9/2025	Wednesday 9/10/2025	Thursday 9/11/2025	Friday 9/12/2025	Saturday 9/13/2025
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Oatmeal Cheese Omelet Hashbrowns Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream Of wheat Bacon And Eggs Toast Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Blueberry Pancake Sausage Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Veggie Scrambled Raisin Toast Milk/Coffee/Tea	Juice of choice Oatmeal Strawberry Waffle Scrambled Egg Milk/Coffee/Tea	Juice of choice Cream of wheat Ham, Egg, Potato Breakfast Skillet Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Cheese Omelet Toast Fresh Fruit Milk/Coffee/Tea
alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Baked Ham Augratin Potato Green Beans Swirl Sake Milk/Coffee/Tea	Baked White Fish Spanish Rice Mixed Vegetables Fruited Jello Milk/Coffee/Tea	Hammy Mac and Cheese Mixed Vegetables Ice Cream Milk/Coffee/Tea	Meat Loaf Cheese Mashed Potato Mixed Vegetables Pumpkin Pie Milk/Coffee/Tea	Orange Chicken Rice Stir Fried Vegetable Cookie Milk/Coffee/Tea	Cheese Burger Frys Relish Plate Strawberry Blueberry Short Cake Milk/Coffee/Tea	Stuffed Past Shells Red Sauce Italian Vegetables Brownie Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Deli Turkey and Cheese Sandwich Relish Plate	Street Tacos Marinated Cole Slaw Spanish Rice	Roast Beef / Cheese Sandwich Chips	Peanutbutter & Jelly Sandwich Prretzals	Egg Salad Sandwich Relish Plate Cookie	Chicken Salad Croissant Broccoli Cheese Soup	Tuna Melt Marinated Tomatoes Chips
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Country Fried Steak Mashed Potato Seasonal Vegetables Ice Cream Milk/Coffee/Tea	Lemon Herbed Chicken Mashed Potato Beets Rhurbarb Crisp Milk/Coffee/Tea	Chef Salad Ranch Dressing Roll Frosted cake Milk/Coffee/Tea	Baked Chicken Legs Baked Beans Coleslaw Cookies Milk/Coffee/Tea	Salisbury Steak Mashed Potato Mixed Veggie Ambrosia Milk/Coffee/Tea	Chicken Burger Potato Salad Relish Plate Ice Cream Milk/Coffee/Tea	BBQ Chicken Mashed Potato Green Beans Frosted cake Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Grilled Ham and Cheese Sandwiches Tomato Soup	Bacon Cheese Quiche Mixed Vegetables Rhurbarb Crisp	Old School Hot Dog Pasta Salad Frosted cake	BBQ Pork on Bun Coleslaw Cookie	Seafood Salad Roll Ambrosia	Ham & Cheese Chips	Fishwich Tartar JoJos

Spring Summer 2025
Chef Greg McCammond CFPM

Week 2

*****MENU IS SUBJECT TO CHANGE****