



Bethany at Silver Lake



Sunday 10/26/2025	Monday 10/27/2025	Tuesday 10/28/2025	Wednesday 10/29/2025	Thursday 10/30/2025	Friday 10/31/2025	Saturday 11/1/2025
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of wheat French Toast Bake Canadaian Bacon	Juice of choice Oatmeal Bacon and Scrambled Breakfast potato	Juice of choice Sausage Egg and Cheese Breakfast Sanwich	Juice of choice Oatmeal Pancakes Links	Juice of choice Cream of wheat Breakfast Burrito Potato Obrien	Juice of choice Biscuits & Gravy Hardboiled Egg	Juice of choice Cream of wheat Veggie Scramble Danish
Fresh Fruit Milk/Coffee/Tea	Fresh Fruit Milk/Coffee/Tea	Fruit Milk/Coffee/Tea	Fresh Fruit Milk/Coffee/Tea	Fresh Fruit Milk/Coffee/Tea	Fresh Fruit Milk/Coffee/Tea	Fresh Fruit Milk/Coffee/Tea
Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Fried Chicken Legs Mashed Potato Spinach and Mushrooms	Beef Fajita Sauted Peppers & Onions Spanish Rice Churro	Chicken Dijon Parsley Rice Mixed Vegetables Pineapple Upsidedown	French Dip Aujus Fries Carrot Raisin Salad Cream Puff	Crispy Pork Patty Vegetables Normandy Baby Bakers Orange Shebert	Fish and Chips coleslaw Tartar Fruit Parfait	Hamburger Stroganoff Dilled carrots Butterscotch Pudding
Peach Cobbler Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Roasted Pork Loin Mashed Potato Spinach & Mushrooms	Tuna melt Chips	Bratwurst on a bun Saurekraut	Sloppy Joe Fries Carrot Raisin Salad	Chicken Tenders Honey mustard Jojos	Roast Beef & Cheese Sandwich Green Salad	Garlic Chicken Buttered Noodles Carrots
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Country Fried Steak Rice Pilaf Cauliflower	Chicken Parm Buttered Noodles Italian Vegetables Orange Jello w/mandrins	Spaghetti w/meat sauce Steamed Broccoli Garlic Bread Choc chip cookie	Baked White Fish Rice pilaf Roasted Zucchini Brownie	Sweet and Sour Meatball Parsley Rice Stir fry Vegetable Coconut Pie	Beef Stir Fry w/yakisoba Spring Roll Strawberry Short cake	Cheeseburger Jojos Lettuce, tomato Pickles Ice Cream
Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Fish Sanwich Coleslaw	Cheese Burger Relish Plate French Fries	Vegetable Quiche 3 bean salad Roll	Salisbury Steak Mashed potato Zucchini	Cottage Cheese & Fruit Plate Roll	Veg. Lasagna Garlic bread Salad	Chef Salad Ranch dressing Brownie