



Bethany at Silver Lake



Sunday 11/9/2025	Monday 11/10/2025	Tuesday 11/11/2025	Wednesday 11/12/2025	Thursday 11/13/2025	Friday 11/14/2025	Saturday 11/15/2025
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of wheat Waffle Scrambled Egg Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Biscuits & Gravy Hard Boiled Egg Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Cheese omelet Breakfast Potato Toast Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Breakfast Biscuit Eggs / Cheese Sausage Patty Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Scrambled Sausage Link Scone Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal French Toast Canadian Bacon Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Scrambled Eggs Bacon Toast Fresh Fruit Milk/Coffee/Tea
Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Yankee Pot Roast Onions, Carrots Mashed Potato Chocolat Cream Pie Milk/Coffee/Tea	Smothered Chicken Rice Pilaf Roasted Zucchini Strawberry Peaches Milk/Coffee/Tea	Asian Chicken Salad Garlic Toast Cookie Cookie Milk/Coffee/Tea	Cheesy Potato & Ground Beef Casserole Green Beans Yellow cake Milk/Coffee/Tea	Tuna Cassarole Egg Noodle Peas & Carrots Ice Cream Milk/Coffee/Tea	Hamburger on bun Lettuce/Tomato/Onion Seasoned Fries Sherbet Milk/Coffee/Tea	Breaded pork Chop Mashed Potato & Gravy Mixed Vegetables Asst Desserts Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Ranch Chicken Garlic mashed Herbed green beans	Pulled Pork Potato Salad Baked Beans	Hammy Mac & Cheese Winter Vegetable Cookie	Chicken Salad on Croissant Yellow Cake	Salisbury Steak Mashed Peas & Carrots	Egg Salad Sandwich BBQ Chips	Fishwich w/Cheese Coleslaw
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Teriyaki Meatball Rice Candied carrots Ice Cream Milk/Coffee/Tea	Lemon Pepper Cod Rice Pilaf Broccoli Fruited Jello Milk/Coffee/Tea	Country Fried Steak Mashed Potatoes Vegetable blend Fruit Milk/Coffee/Tea	Greman Sausage On a bun Saurekraut Mac Salad Cookie Milk/Coffee/Tea	Fish and Chips Cole Slaw Tartar Vanilla Pudding Milk/Coffee/Tea	Chicken Tenders Pasta Salad Candied carrots Brownie Milk/Coffee/Tea	Chef Salad Ranch Dressing Bread stick Apple crisp Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Seafood Pasta Salad Seasonal Fruit Ice Cream	Pork McRiblet Frys Fruited Jello	Cheese Enchiladas Spanish Rice Fruit	Vegetable Lasagna Green Salad Cookie	Cottage Cheese & Fruit Plate Roll	Veggie Egg Roll Rice Brownie	Roast beef & Cheese Sandwich

Fall Winter 2025
Chef Greg Mccammond CFPM

Week 5

*****MENU IS SUBJECT TO CHANGE****