



Bethany at Silver Crest

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1/18/2026	1/19/2026	1/20/2026	1/21/2026	1/22/2026	1/23/2026	1/24/2026
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of Wheat Bagel w/Cream Cheese Hard Boiled Egg Fruit Milk/Coffee/Tea	Juice of choice Oatmeal French Toast Bacon Strips Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat Vegetable Scramble Raisin Toast Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Eggs Benedict Oven Potatoes Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat Biscuit & Gravy Hard Boiled Egg Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Bacon, Onion, Swiss Quiche/Mini Muffins Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat Breakfast Sandwich Egg,Cheese,Sausage Patty Fruit Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Chicken Noodle Casserole Peas & Carrots Bread Pudding Milk/Coffee/Tea	Apricot Pork Loin Butternut Squash Mixed Vegetable Deep Dish Fruit Pie Milk/Coffee/Tea	Double Cheese Burger on Bun Lettuce, Tomato French Fries Blonde Coconut Brownie Milk/Coffee/Tea	Beef Lasagna Italian Vegetable Garlic Toast Apple Cider Cake Milk/Coffee/Tea	Fish & Chips Coleslaw Peach Cobbler Milk/Coffee/Tea	Pork Stir Fry w/Yakisoba Noodles Spring Roll Chocolate Almond Bar Milk/Coffee/Tea	French Dip French Fries Coleslaw Chocolate Cake w/PB Frosting Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Cottage Cheese & Fruit Plate Roll	Creamy Mac & Cheese Mixed Vegetable	Asian Chicken Salad Dinner Roll	Egg Salad Sandwich Pickled Beet Salad	Cottage Cheese & Fruit Roll	Bean Burrito Baby Carrots	Beer Battered Shrimp French Fries Coleslaw
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Breakfast For Dinner! Blueberry Pancakes Ham Slice Cinnamon Peaches Milk/Coffee/Tea	Mini Turkey & Bacon,Cheese Club Sandwich's Dill Pickle/Chips Chocolate Pudding Milk/Coffee/Tea	Pepperoni Pizza Green Salad Cookie Milk/Coffee/Tea	Beef Enchilada Spanish Rice Chuckwagon Corn Churro Milk/Coffee/Tea	Hot Dog on Bun Sauerkraut Baked Beans Ice cream cup Milk/Coffee/Tea	Chicken Cordon Bleu Mashed Potatoes w/Gravy Buttered Corn Cookie Milk/Coffee/Tea	Swedish Meatballs Buttered Egg Noodles Green Beans Ice Cream Bar Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
3 Cheese Quiche 3 Bean Salad	Cheese Quesadilla Coleslaw w/pineapple	Chicken Caesar Salad Garlic Toast	Terriaki Pineapple Pulled Pork on Bun Coleslaw	Peanut Butter & Jelly Sandwich Mandrin Oranges	Roast Beef & Cheddar Sandwich Soup	Beef Stew Corn Muffin

*****MENU IS SUBJECT TO CHANGE*****

Fall/ Winter 2026

Shanna Brandt DM

Week 2