



Bethany at Silver Crest

..	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2/1/2026	2/2/2026	2/3/2026	2/4/2026	2/5/2026	2/6/2026	2/7/2026
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of Wheat Bagel w/Cream Cheese Hard Boiled Egg Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Vegetable Scramble Raisin Toast Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat Eggs Benedict Oven Potatoes Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Pancakes w/Blueberry Sauce/Sausage Links Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat Breakfast Sandwich Sausage,Egg,Cheese Fruit Milk/Coffee/Tea	Juice of choice Oatmeal French Toast Bake Smoked Maple Sausage Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat Denver Scramble Hashbrowns Fruit Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Mac & Cheese w/Bacon Steamed Broccoli Cookie Milk/Coffee/Tea	Roast Turkey Mashed Sweet Potatoes Buttered Peas Carrot Cake Milk/Coffee/Tea	BLT Wrap Chips Jello Delight Milk/Coffee/Tea	Chicken,Bacon Alfredo Pizza Green Salad Peanut Butter Rice Krispy Milk/Coffee/Tea	Meatloaf w/Gravy Baked Potato w/Sour Cream Stir Fry Vegetable Tapioca Milk/Coffee/Tea	Chicken Fajita Casserole Bread Stick Angel Food Cake Milk/Coffee/Tea	Baked Spaghetti Italian Vegetable Garlic Toast Cookie Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Egg Salad Sandwich Green Salad/Chips	Grilled Cheese Sandwich Coleslaw w/apple	Asian Chicken Salad Roll	Turkey & Cheese Sandwich Green Salad	Bean & Cheese Burrito Baby Carrots	Cottage Cheese & Fruit Plate Roll	Tuna Sandwich on Wheat 3 Bean Salad
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Pork Loin Mashed Potatoes w/Gravy Chuckwagon Corn Chocolate Mousse Milk/Coffee/Tea	Salmon Fillet w/Sauce Rice Pilaf Blend Vegetable Cookie Milk/Coffee/Tea	Breakfast for Dinner! French Toast Ham Slice Cinnamon Peaches Milk/Coffee/Tea	Tuna Noodle Casserole Peas & Carrots Boston Cream Pie Milk/Coffee/Tea	Fried Chicken Legs Mashed Sweet Potatoes Buttered Corn Cookie Milk/Coffee/Tea	Beef Stew Dinner Roll Vanilla Pudding Milk/Coffee/Tea	Chili Cheese Dog w/Onion Macaroni Salad Ice Cream Sandwich Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Chicken & Cheese Quesadilla Carrot/Apple Salad	Grilled Reuben (corned beef,swiss,kraut on Rye/Dill Pickle/Chips	3 Cheese Quiche Green Salad	Pulled Pork Sliders Coleslaw	Ham & Swiss Sandwich 3 Bean Salad	BBQ Pulled Chicken on Bun Green Beans	Cottage Cheese & Fruit Plate Dinner Roll

*****MENU IS SUBJECT TO CHANGE*****

Week 4

Fall/ Winter 2026

Shanna Brandt DM