

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

January 2026

BETHANY AT SILVER LAKE ACTIVITIES

January 2026 BETHANY AT SILVER LAKE ACTIVITIES				9:45 Exercise Group 10:00 Guitarist: Gannon 1:00 New Year Snack & Chat 2:00 Bingo 4:30 Basket Toss New Year's Day	1 9:45 Exercise Group 10:00 Manicures 2:00 Poker & Crafts 3:00 Hot Cocoa Social 6:00 High-Roller Poker	2 9:45 Exercise Group 10:00 Gameshow & Coffee 10:30 Artist of the Month: Intro & Painting Game 2:00 Movie + Cookies	3 9:45 Exercise Group
9:45 Exercise Group 10:00 Coffee Social 10:30 Church Service 2:00 Sundaes on Sunday 3:00 Afternoon Movie	4	9:45 Exercise Group 10:00 Garden Care 10:30 Kandinsky Tree Collage 2:00 Poker & Table Games 3:00 Root Beer Floats 6:00 Wheel of Fortune	5	9:45 Exercise Group 10:00 Manicures 2:00 Poker & Crafts 3:00 Winter Fruit Salad 4:00 Outing: Tulalip Lights	6	9:45 Exercise Group 10:00 Gameshow & Coffee 10:30 Stick Snowmen Craft 2:00 Movie + Pastries	10
9:45 Exercise Group 10:00 Coffee Social 10:30 Church Service 2:00 Sundaes on Sunday 3:00 Afternoon Movie	11	9:45 Exercise Group 10:00 Garden Care 10:30 Kandinsky Circle Board 2:00 Poker & Table Games 3:00 Root Beer Floats 6:00 Wheel of Fortune	12	9:45 Exercise Group 10:00 Manicures 2:00 Poker & Crafts 3:00 Marshmallow Pretzel Snowflakes 4:30 Balloon Volleyball	13	9:45 Exercise Group 10:00 Gameshow & Coffee 10:30 Sewing Club 2:00 Movie + Popcorn	17
9:45 Exercise Group 10:00 Coffee Social 10:30 Church Service 2:00 Sundaes on Sunday 3:00 Afternoon Movie	18	9:45 Exercise Group 10:00 Garden Care 10:30 MLK Craft 2:00 Poker & Table Games 3:00 Root Beer Floats 6:00 Wheel of Fortune Martin Luther King Jr. Day	19	9:45 Exercise Group 10:00 Manicures 1:00 Outing: Dollar Tree 2:00 Poker & Crafts 3:00 Fruit & Cracker Pizzas 4:30 Balloon Volleyball	20	9:45 Exercise Group 10:00 Gameshow & Coffee 10:30 Snowy Red Bird Craft 2:00 Movie + Cookies	24
9:45 Exercise Group 10:00 Coffee Social 10:30 Church Service 2:00 Sundaes on Sunday 3:00 Afternoon Movie	25	9:45 Exercise Group 10:00 Garden Care 10:30 Kandinsky Heart Art 2:00 Poker & Table Games 3:00 Root Beer Floats 6:00 Wheel of Fortune Australia Day (Observed)	26	9:00-11:00 Thrift Shop 1:00 Manicures 2:00 Poker & Crafts 3:00 Chocolate Banana Penguins 4:30 Balloon Volleyball	27	9:45 Exercise Group 10:00 Gameshow & Coffee 10:30 Zentangle Painting 2:00 Movie + Popcorn	31
9:45 Exercise Group 10:00 Coffee Social 10:30 Church Service 2:00 Sundaes on Sunday 3:00 Afternoon Movie	29	9:45 Exercise Group 10:00 Manicures 2:00 Birthday Celebration Entertainer: Sunny 3:00 Hot Cocoa Social 6:00 High-Roller Poker	30	9:45 Exercise Group 10:00 Manicures 1:00 Doggy Visit: Chippy 2:00 Bingo 4:30 Basket Toss	31	9:45 Exercise Group 10:00 Manicures 2:00 Bingo 4:30 Basket Toss	3