



Bethany at Silver Lake



Sunday 1/11/2026	Monday 1/12/2026	Tuesday 1/13/2026	Wednesday 1/14/2026	Thursday 1/15/2026	Friday 1/16/2026	Saturday 1/17/2025
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of wheat Veggi Scramble Toast Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Oatmeal Bacon and Scrambled Toast Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Cream of Wheat Biscuit & Gravy HB Egg Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Oatmeal Scrambled Egg Links English Muffin Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Cream of wheat Blueberry Pancakes Sausage Patty Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice French Toast Bake Egg Patty Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Cream of wheat Scramble Egg Danish Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Garlic Chicken Monterey Rice Pilaf Parsley Carrot Marble Cake Milk/Coffee/Tea	Glaze Pork Loin Scalloped Potato Savory Green Beans Pie Milk/Coffee/Tea	Fried Chicken Brussel Sprouts Chuckwagon Corn Peach Crisp Milk/Coffee/Tea	Baked White Fish Buttered Noodles Broccoli w/Cheese Lemon Pie Milk/Coffee/Tea	BBQ Pork Patty Roasted Zucchini Baked Beans Orange Shebert Milk/Coffee/Tea	Chicken Paprika Rice Pilaf Peas & Mushrooms Apple Crisp Milk/Coffee/Tea	Brased Beef Tips Corn On the Cob Cauliflower Cake Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Meatballs /Gravy Buttered Noodles Seasoned Zucchini	Salmon Scalloped Potato Green Beans	Crispy Pork Chop Buttered Noodles Asparagus	Hot Beef Sandwich Mashed Potato Broccoli w/Cheese	Chicken Tenders Honey mustard Jojos	Roast Beef & Cheese Sandwich Green Salad	Garlic Chicken Buttered Noodles Carrots
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Baked Ham Macaroni & Cheese Winter Vegetable Corn Bread Chilled Pears Milk/Coffee/Tea	Grilled Cheese Vegetable Soup 3 Bean Salad Brownie Milk/Coffee/Tea	Salisbury Steak Mashed w/Gravy Cauliflower Strawberry Shortcake Milk/Coffee/Tea	Turky Bacon Club Croissant Chips Pickle spear Fruit Milk/Coffee/Tea	Sweet and Sour Meatball Parsley Rice Stir fry Vegetable Coconut Pie Milk/Coffee/Tea	Baked Salmon Garlic Pasta Garden Vegetable Layered Jello Milk/Coffee/Tea	Vegetable Lasagna Tossed Salad Italian Dressing Cookie Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Chicken Burger Macaroni & Cheese Relish Plate	Corned Beef Baked Potato Broccoli	Cheese Enchilada Spanish Rice Shredded Lettuce	Ham Sweet Potato Mixed Vegetables	Fish & Chips Cole Slaw Coconut Pie	Cheese Burger Relish Plate Frys	Chef Salad Ranch dressing Brownie

Fall Winter 2025
Chef Greg McCammond CFPM

Week !

*****MENU IS SUBJECT TO CHANGE****