



Bethany at Silver Lake



Sunday 1/18/2026	Monday 1/19/2026	Tuesday 1/20/2026	Wednesday 1/21/2026	Thursday 1/22/2026	Friday 1/23/2026	Saturday 1/24/2026
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Oatmeal Egg SausageCheese Breakfast Sandwich Fresh Fruit Milk/Coffee/Tea alt Cold Cereal	Juice of choice Cream Of wheat Cheese Omelet Toast Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Oatmeal Eggs Benidict Hashbrown Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Cream of wheat Veggi Scramble Danish Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Oatmeal Pancake Sausage Link Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Cream of wheat French Toast Bake Canadian Bacon Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal	Juice of choice Oatmeal Cheesy Scramble Hash Brown Fresh Fruit Milk/Coffee/Tea Alt Cold Cereal
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Roast Turkey Stuffing Green Bean Cassarol Pumpkin Pie Fruit Crisp Milk/Coffee/Tea	Pineapple Ham Cheesey Mashed Buttered Peas Brownie Milk/Coffee/Tea	Shrimp Scampi Paella Rice w/Vegetables Tuxedo Cake Milk/Coffee/Tea	Ranch Chicken Baby Bakers Chuckwagon Corn Ice Cream Milk/Coffee/Tea	BBQ Pork Ribblet Cole Slaw Potato Salad Cherry Pie Milk/Coffee/Tea	Fish and chips Cole Slaw Tartar Lemon Meringue Milk/Coffee/Tea	Sweet and Sour Pork Yakisorba Noodles Vegetable Blend Chocolat cake Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Tilapia Mashed Potato Carrots	Teriyaki Meatballls Rice Pilaf Stirfry Vegetable	Hot Beef Sandwich Mashed Potato Green Beans	Cheese Burger Relish Plate Frys	Hot Turkey Sandwich Mashed Potato Seasoned Carrots	Country Fried Steak Mashed Mixed Vegetables	Tuna Wrap Lettuce, Tomato Chips
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Salisbury Steak Sweey Potato Asparagus Strawberry Shortcake Milk/Coffee/Tea	Beef Stroganoff Buttered Noodles Green Beans Banana Pudding Milk/Coffee/Tea	Pulled pork BBq sauce Cole Slaw Baked Beans Frosted cake Milk/Coffee/Tea	Baked White Fish Garden Rice Buttered Beets Fresh Fruit Milk/Coffee/Tea	Spaghetti w Meat Sauce Buttered Noodles Roasted Zucchini Garlic Bread Lemon Cake Milk/Coffee/Tea	Egg Rolls Fried rice Stirfried Vegetables Fortun Cookie Mandrin Orange Jello Milk/Coffee/Tea	French Dip Aujus Jojos Cookie Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Pizza Green Salad	Bacon Cheese Quiche Fresh Fruit Banana Pudding	Egg Salad sandwich Chips Frosted cake	Baked Chicken Legs Jojos Green Beans	Seafood Salad Roll Lemon Cake	Old School Hot Dog Chips Jello	Fruit & Cottage Cheese Plate Roll

*****MENU IS SUBJECT TO CHANGE****