



Bethany at Silver Lake



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2/1/2026	2/2/2026	2/3/2026	2/4/2026	2/5/2026	2/6/2026	2/7/2026
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of wheat Cheese Omelet Hasbrown Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Egg Patty Sausage Link Cinnamon Roll Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat French Toast Bake Canadian Bacon Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Veggi Scramble Bagel Cream Cheese Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Blueberry Pancake Cheesy Eggs Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Biscuits & Gravy Hard Boiled Egg Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Cheese Omelet Hashbrown Doughnut Fresh Fruit Milk/Coffee/Tea
Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Bakes Chicken Stuffing Green Beans Dessert Bar Milk/Coffee/Tea	Mediterraean Beef Baby Bakers Salad w/italian Lemon Cake Milk/Coffee/Tea	Chicken Dijon Garlic Mashed Spinach w/Mushrooms Peach Cobbler Milk/Coffee/Tea	Spaghetti Meat sauce Side Salad Garlic Bread Strawberry Short Cake Milk/Coffee/Tea	Sweet & Sour Chicken Rice Stir Fried Vegetables Fresh Fruit Milk/Coffee/Tea	Fish and Chips Coleslaw Tartar Lemon Pie Milk/Coffee/Tea	Beef Stroganoff Pasta Vegetable Blend Chocolat Cream Pie Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Corndbeef Sandwich Swiss Cheese Relish Plate	Baked White Fish Rice Pilaf Key West Vegetables	Sweedish Meatballs Pasta Broccoli	Corn Dog Chips Cole Slaw	French Dip Ajus Mixed Vegetables	Chicken Strips Fries Coleslaw	Baked Ham Mashed Potato Vegetable Blend
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Fishwich Tartar Macaroni Salad Pudding Milk/Coffee/Tea	Baked ham Brussel Sprouts Sweet Potatoe Pineapple Cake Milk/Coffee/Tea	Salmon Glazed Carrots Augratin Potato Coconut Pie Milk/Coffee/Tea	Ham & Cheese Sandwich French Onion Soup Pumpkin Pie Milk/Coffee/Tea	Pizza Tossed Salad Ice Cream Milk/Coffee/Tea	BBQ Pork Riblet Corn on the Cob Baked Beans Apple Pie Milk/Coffee/Tea	Chicken Salad Croissant Broccoli Cheese Soup Relish Plate Strawberry Rhubarb Crisp Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Spinach Salad w/Chicken & Raspberry Vinegrette	Fried Chicken Sweet Potato Mixed Vegetables	Pork loin Roasted Potato Cauliflower	Bacon Cheese Quiche Fruit Cup	Turkey Sandwich Tomato Soup	Vegetable Lasagna Salad Ranch	Tuna Salad Croissant w/lettuce & tomato Chip