

Bethany at Silver Crest

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2/15/2026	2/16/2026	2/17/2026	2/18/2026	2/19/2026	2/20/2026	2/21/2026
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of Wheat Cinnamon Roll Bacon Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Cream of Wheat Fried Egg Candadian Bacon Raisin Toast Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Cream of Wheat Pancakes Bacon & Onion Quiche Sausage Links	Juice of choice Oatmeal Cream of Wheat Bacon & Onion Quiche Zucchini Bread	Juice of choice Oatmeal Cream of Wheat Ham & Potato Scramble Wheat Toast	Juice Of Choice Oatmeal Waffles Smoked Maple Sausage	Juice of choice Cream of Wheat Country Benedict w/Sausage Gravy Hashbrowns Fruit Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Chicken Stir Fry w/Yakisoba Noodles Spring Roll Jello Delight Milk/Coffee/Tea	Fried Chicken Leg Homemade Potato Salad Buttered Corn Rice Pudding Milk/Coffee/Tea	Creamy Mac & Cheese Blend Vegetables Jello Cake Milk/Coffee/Tea	Butter Chicken Mashed Potatoes w/chicken gravy Chuckwagon Corn Strawberry Rhubarb Pie Milk/Coffee/Tea	Baked Salmon w/Sauce Rice Pilaf Buttered Peas & Carrots Apple Crisp Milk/Coffee/Tea	Pot Roast Mashed Potatoes w/Gravy Baby Carrots Lemon Bar Milk/Coffee/Tea	BBQ Boneless Pork Ribs Sour Cream Mashed Potatoes Blend Vegetable Pumpkin Pie Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Cottage Cheese & Fruit Plate Roll	Tuna Salad on Wheat Apple Slices	Chicken Salad w/apple on Croissant Carrot Raisin Salad	Grilled Cheese Sandwich Coleslaw	Turkey Cream Cheese Roll Up Green Salad	Cottage Cheese & Fruit Plate Roll	Cheesy Herb Chicken Bow Tie Pasta Blend Vegetable
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Honey Ham Peas & Potatoes in Cream Sauce Mandrin Oranges Milk/Coffee/Tea	Cowboy Meat & Potato Casserole Diced Beets Cookie Milk/Coffee/Tea	Ham & Scalloped Potato Casserole Crinkle Cut Carrots Cherry Pie Milk/Coffee/Tea	Breakfast for Dinner! French Toast w/Sausage Patty Ice Cream w/Sauce Milk/Coffee/Tea	Sloppy Joe on Bun Coleslaw Cookie Milk/Coffee/Tea	Hot Dog on Bun Baked Beans Ice Cream Cup Milk/Coffee/Tea	Beef Goulash Breadstick Cheesecake Cup Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Cheese Sandwich 3 bean Salad	Egg Salad Sandwich Green Salad/Chips	Denver Quiche (Ham,Peppers,Onions) 3 Bean Salad	Cheese Pizza Sliders Green Salad	Ham & Swiss on Croissant Grapes	Veggie Lasagna Green Beans	Smoked Sausage,Red Potato,Saurkraut Skillet, Garlic Herb Muffin

Fall/ Winter 2026

Shanna Brandt DM

****Menus Subject to Change****

Week 1