

# Bethany at Silver Crest

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2/8/2026	2/9/2026	2/10/2026	2/11/2026	2/12/2026	2/13/2026	2/14/2026
<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>	<b>Breakfast</b>
Juice of choice Cream of Wheat Ham & Swiss Scramble Blueberry Muffin Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Fruit & Yogurt Parfait Croissant Milk/Coffee/Tea	Juice of choice Cream of Wheat Pancakes Bacon Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Eggs Benedict Oven Potatoes Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat Cheese Omelet Cinnamon Roll Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Breakfast Burrito Triangle Hashbrown Fruit Milk/Coffee/Tea	Juice of choice Cream of Wheat Blueberry Crepe Sausage Links Fruit Milk/Coffee/Tea
<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
<b>Soup of the Day</b>	<b>Soup of the Day</b>	<b>Soup of the Day</b>	<b>Soup of the Day</b>	<b>Soup of the Day</b>	<b>Soup of the Day</b>	<b>HAPPY VALENTINES!</b>
Tilapia Rice Pilaf Blend Vegetable  Cheese & Cherry Tart Milk/Coffee/Tea	Honey Ham Baked Potato w/sour cream Baby Carrots Cookie Milk/Coffee/Tea	Taco Casserole Chuckwagon Corn  Churro Milk/Coffee/Tea	Spaghetti w/Meat Sauce Italian Vegetables Garlic Toast  Oatmeal Jammy Bar Milk/Coffee/Tea	Hawaiian Pizza Green Salad  Tapioca Milk/Coffee/Tea	Creamy Beef & Potato Casserole Blend Vegetable  Pistachio Pudding Milk/Coffee/Tea	Terriaki Chicken Steamed Rice Stir Fry Vegetable  Cupcake Milk/Coffee/Tea
<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>
Chickpea Salad Tomato,Cucumber,Feta <b>Roll</b>	Crab Cake Baked Potato w/S.C. Baby Carrots	Chicken Salad w/Avocado on Croissant Pickled Beet Salad	Turkey Cream Cheese Wrap Asian Cucumber Salad	Cabbage Roll Mixed Vegetable	Cottage Cheese & Fruit Plate Roll	Pulled Pork Sliders Coleslaw
<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>	<b>Dinner</b>
Chicken Tendars French Fries Buttered Corn  Chocolate Ice Cream Cup Milk/Coffee/Tea	French Dip Jo-Jo Potatoes Green Beans  Frosted Cake Milk/Coffee/Tea	Homemade Chili Cornbread  Apple Lattice Pie Milk/Coffee/Tea	Beef Enchilada Spanish Rice Green Beans  Choc. Chip Brownie Milk/Coffee/Tea	Mango Chicken Legs Mashed Potatoes w/Gravy Buttered Peas Cookie Milk/Coffee/Tea	Bratwurst on Bun Sauerkraut Baked Beans  Ice Cream Bar Milk/Coffee/Tea	Chicken, Broccoli Rice Casserole Crinkle Cut Carrots Strawberries & Peaches Milk/Coffee/Tea
<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>	<b>Alternate</b>
Grilled Cheese Buttered Corn	Tuna Melt 3 Bean Salad	Reuban Sliders Dill Pickle & Chips	Cheese Quesadilla Coleslaw	Vegetable Lasagna Buttered Peas	Roast Beef & Cheese Sandwich Soup	Pork Chili Verde Burrito Crinkle Cut Carrots

**\*\*\*MENU IS SUBJECT TO CHANGE\*\***

Week 5