



Bethany at Silver Crest



Sunday 5/17/2026	Monday 5/18/2026	Tuesday 5/19/2026	Wednesday 5/20/2026	Thursday 5/21/2026	Friday 5/22/2026	Saturday 5/23/2026
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Juice of choice Cream of wheat Veggie Scramble Raisin Toast Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Bagel w/ Cream Cheese Hard Boiled Egg Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Pancakes w/ Cinnamon Apples Sausage Links Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Scrambled Eggs Bacon Wheat Toast Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Breakfast Sandwich w/ Canadian Bacon Egg & Cheese Fresh Fruit Milk/Coffee/Tea	Juice of choice Oatmeal Corned Beef Scramble Wheat Toast Fresh Fruit Milk/Coffee/Tea	Juice of choice Cream of wheat Ham & Swiss Quiche Scone Fresh Fruit Milk/Coffee/Tea
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Meatloaf w/Gravy Baked Potato w/sour cream Buttered Peas Cookie Milk/Coffee/Tea	Chicken Tendars Anita's Potato Salad Baby Carrots Boston Cream Pie Milk/Coffee/Tea	Taco Casserole Ground Beef, Beans Tomatoes, Cheese, Olives Sour Cream, Fritos Churros Milk/Coffee/Tea	Cheesy Chicken Thigh w/mashed potatoes Blend Vegetable Jello Cake Milk/Coffee/Tea	Anita's Homemade Beef Lasagna Garlic Toast Italian Vegetable Peach Cobbler Milk/Coffee/Tea	Pot Roast w/gravy Stew Veggies Cheddar Biscuit Lemon Bar Milk/Coffee/Tea	Potato Crusted Cod Cheesy Mashed Potatoes Creamed Peas Chocolate Mousse Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Cottage Cheese & Fruit Plate Roll	Quinoa Salad w/Feta Tomato/Cucumber Roll	Chicken Salad w/avocado on Croissant Pickled Beet Salad	Turkey Cream Cheese Ranch Roll Up Cucumber Salad	Tossed Chicken Ceasar Salad Garlic Toast	Bean & Cheese Burrito Baby Carrots	Rotini Pasta Salad W, Salami, Tomatoes, Cheese Garlic Herb Muffin
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Breakfast for Dinner! Crème Filled Crepes with Berry Sauce Sausage Links Chocolate Ice Cream Milk/Coffee/Tea	Salisbury Meatballs w/Mushroom Gravy Mashed Potatoes w/gravy Green Beans Cheesecake Cup Milk/Coffee/Tea	Bratwurst on Bun w/Sauerkraut Macaroni Salad Cookie Milk/Coffee/Tea	Noodles & Ground Beef Stroganoff Crinkle Cut Carrots Pistachio Pudding Milk/Coffee/Tea	Cowboy Pizza w/Sausage, olives & Mushrooms Green Salad Ice Cream Cup Milk/Coffee/Tea	Fish & Chips Coleslaw Jello Milk/Coffee/Tea	Goulosh Bread Stick Cherry Pie Milk/Coffee/Tea
Alternate	Alternate	Alternate	Alternate	Alternate	Alternate	Alternate
Pastrami Melt on Rye Bread Pickle Spear/Chips	Grilled Cheese Tomato Soup	Chicken Fajita Sliders Chuckwagon Corn	PB & J Sandwich Mandrin Oranges	Turkey & Cheese on Hoagie w/Tomato, Lettuce Chips	Cottage Cheese & Fruit Plate Dinner Roll	Ham & Cheese Sandwich Green Salad

*****MENU IS SUBJECT TO CHANGE****