

**Week 3 Menu**

**WEEK AT A GLANCE MENU**  
 Providence Everett Medical Center - Pacific Campus

	June 21, 2026	June 22, 2026	June 23, 2026	June 24, 2026	June 25, 2026	June 26, 2026	June 27, 2026
<b>BREAKFAST</b>	<b>Sunday Breakfast</b>	<b>Monday Breakfast</b>	<b>Tuesday Breakfast</b>	<b>Wednesday Breakfast</b>	<b>Thursday Breakfast</b>	<b>Friday Breakfast</b>	<b>Saturday Breakfast</b>
	Choice of Juice  Scrambled Egg Banana Pancakes  Turkey Sausage Links  Milk Coffee	Choice of Juice  Scrambled Eggs Mild Picante Salsa  Sauteed Breakfast Potatoes  Mandarin Orange Sections  Milk Coffee	Choice of Juice  Scrambled Egg  Oatmeal with Berries Seasoned Hash Browns  Applesauce  Milk Coffee	Choice of Juice  Potato Vegetable Skillet Mild Picante Salsa  Total Cereal  Diced Peaches  Milk Coffee	Choice of Juice  Egg & Cheese Biscuit Sandwich  Potatoes O'Brien Mild Picante Salsa  Banana Milk Coffee	Choice of Juice  Scrambled Eggs  Cinnamon French Toast Turkey Sausage Link  Total Cereal  Milk Coffee	Choice of Juice  Scrambled Eggs w/ Cheese  Sweet Potato Hash  Blueberry Muffin Banana  Milk, Tea Coffee
	<b>Alternate</b> pancakes (2) <i>bacon (2) or sausage (2)</i>	<b>Alternate</b> pancakes (2) <i>bacon (2) or sausage (2)</i>	<b>Alternate</b> pancakes (2) <i>bacon (2) or sausage (2)</i>	<b>Alternate</b> pancakes (2) <i>bacon (2) or sausage (2)</i>	<b>Alternate</b> pancakes (2) <i>bacon (2) or sausage (2)</i>	<b>Alternate</b> pancakes (2) <i>bacon (2) or sausage (2)</i>	<b>Alternate</b> pancakes (2) <i>bacon (2) or sausage (2)</i>
<b>Sunday Lunch</b>	<b>Monday Lunch</b>	<b>Tuesday Lunch</b>	<b>Wednesday Lunch</b>	<b>Thursday Lunch</b>	<b>Friday Lunch</b>	<b>Saturday Lunch</b>	
<b>SPECIAL MEAL</b> COLA BRAISED BEEF BAKED POTATOES BROCCOLINI  CHOCOLATE PEANUT BUTTER CAKE  Milk, Tea	<b>Sloppy Joe</b>  Garlic Herb Roasted Potatoes  Coleslaw  Diced Pears Carrot Cake w/ Walnuts Milk, Tea	<b>Baked Chicken</b>  Macaroni and Cheese  Sauteed Zucchini  Red Seedless Grapes Cookie Mousse Milk, Tea	<b>Lasagna Roll-up w/ Marinara</b>  Sheet Pan Ratatouille  Dinner Roll  Fruit Cup Chocolate Chip Cookie Milk, Tea	<b>Braised Beef Spanish Style</b>  Brown Rice Sauteed Tomatoes with Kale  Red Seedless Grapes  Sugar Cookie Milk, Tea	<b>Chicken Pot Pie</b>  Sauteed Zucchini and Squash  Pineapple  Banana Parfait  Milk, Tea	<b>17 Spice Grill Chicken</b> <b>Honey Mustard Sauce</b> Maple Mashed Sweet Potatoes Creamed Spinach Dinner Roll Fruit Cup  Chocolate Ice Cream Milk, Tea	
<b>Alternate</b> <i>Hot Turkey Sandwich</i> <i>Tomato Soup</i>	<b>Alternate</b> <i>Grilled Chicken Caesar Wrap</i> <i>Chicken Rice Soup</i>	<b>Alternate</b> <i>Asian Chicken Salad</i> <i>Minestrone Soup</i>	<b>Alternate</b> <i>Trio Salad (chicken, egg, tuna)</i> <i>Chicken Noodle Soup</i>	<b>Alternate</b> <i>Turkey &amp; Swiss Sandwich</i> <i>Chunky Potato Soup</i>	<b>Alternate</b> <i>Tuna Salad Sandwich on WW</i> <i>Vegetable Rice Soup</i>	<b>Alternate</b> <i>Almond Chicken Salad</i> <i>Broccoli Cheddar Soup</i>	
<b>Sunday Dinner</b>	<b>Monday Dinner</b>	<b>Tuesday Dinner</b>	<b>Wednesday Dinner</b>	<b>Thursday Dinner</b>	<b>Friday Dinner</b>	<b>Saturday Dinner</b>	
<b>Pork Loin</b>  Mashed Potatoes Seasoned Green Beans  Banana  Sugar Cookie Milk, Tea	<b>Chicken Tinga Bowl</b>  Red Seedless Grapes  Brownie  Milk, Tea	<b>Beef Stroganoff</b>  Egg Noodles Fresh Steamed Broccoli Dinner Roll  Fruit Cup Vanilla Ice Cream Milk, Tea	<b>Teriyaki Chicken</b>  Brown Fried Rice Carrots with Ginger  Pineapple Angel Food Cake w/ Whipped Topping Milk, Tea	<b>Roast Turkey Breast</b>  Mashed Potatoes Seasoned Green Beans  Mandarin Orange Sections  Vanilla Ice Cream Cup Milk, Tea	<b>Dijon Herb Crusted Fish</b>  Lemon Orzo Sauteed Vegetable Medley  Red Seedless Grapes Brownies  Milk, Tea	<b>Cheeseburger</b> <b>Lettuce &amp; Tomato</b>  Garlic Herb Roasted Potatoes Carrot Sticks  Fruit Cup Oatmeal Raisin Cookie Milk, Tea	
<b>Alternate</b> <i>Tuna Salad Sandwich on WW</i> <i>Tomato Soup</i>	<b>Alternate</b> <i>Patty Melt</i> <i>Chicken Rice Soup</i>	<b>Alternate</b> <i>Santa Fe Turkey Wrap</i> <i>Minestrone Soup</i>	<b>Alternate</b> <i>Dijon Roast Beef on WW</i> <i>Chicken Noodle Soup</i>	<b>Alternate</b> <i>Chef Salad</i> <i>Chunky Potato Soup</i>	<b>Alternate</b> <i>Greek Salad w/ Chicken</i> <i>Vegetable Rice Soup</i>	<b>Alternate</b> <i>Turkey Wrap</i> <i>Broccoli Cheddar Soup</i>	

Name: \_\_\_\_\_

Room #: \_\_\_\_\_

Circle Main or Alternate Entree. Please do not write in additional items.  
 All therapeutic diets will be modified according to diet restrictions and texture requirements.