Bethany at Silver Lake

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11/1/2026	11/2/2026	11/3/2026	11/4/2026	11/5/2026	11/6/2026	11/7/2026
Breakfast	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**
Juice of choice	Juice of choice	Juice of choice	Juice of choice	Juice of choice	Juice of choice	Juice of choice
Cream of wheat	Oatmeal	Sausage Egg and Cheese	Oatmeal	Cream of wheat	Biscuits & Gravy	Cream of wheat
French Toast Bake	Bacon and Scrambled	Breakfast Sanwich	Pancakes	Breakfast Burrito	Hardboiled Egg	Veggie Scramble
Canadaian Bacon	Hash Brown		Links	Potato Obrien		Danish
Fresh Fruit	Fresh Fruit	Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea
Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal
Lunch	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**
Chili Cheese Dogs	Beef Fajita	Teriyaki Chicken	French Dip	Crispy Pork Patty	Fish and Chips	Garlic Chicke & Mushroom
Onions & Cheese	Sauted Peppers & Onions	Parsley Rice	Aujus	Brussel Sprouts	coleslaw	Pasta
Fritos	Spanish Rice	Steaned Broccoli	Fries	Baby Bakers	Tartar	Winter Vegetables
	Churro		Carrot Raisin Salad			Garlic Bread
Chefs Short Cake		Pineapple Upsidedown	Boston Cream Pie	Orange Shebert	Fruit Parfait	Butterscotch Pudding
Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea
Alternate	**Alternate**	**Alternate**	**Alternate**	**Alternate**	**Alternate**	**Alternate**
Chicken Tenders	Tuna melt	Bratwurst on a bun	Corn Dogs	Chicken Caeser Salad	Roast Beef & Cheese	Chef Salad
Coleslaw	Chips	Saurekraut	JoJos	Roll	Sandwich	Garlic Bread
Chef Short Cake		Frys	Carrot Raisin Salad		Green Salad	Pudding
Dinner	**Dinner**	**Dinner**	**Dinner**	**Dinner**	**Dinner**	**Dinner**
Country Fried Steak	Chicken Parm	Macaroni Cheese	Baked White Fish	Sweet and Sour Meatball	Stuffed Bell Peppers	Cheeseburger
Mashed Potato	Buttered Noodles	Stewed Tomatoes	Rice pilaf	Parsley Rice	Corn on the cob	Jojos
Spinach & Mushroom	Italian Vegetables	Garlic Bread	Roasted Zucchini	Stir fry Vegetable		Lettuce, tomato
	Assorted Desserts					Pickles
Cookie		Cheese Cake	Cherry Pie	Coconut Pie	Strawberry Short cake	Ice Cream
Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea
Alternate	**Alternate**	**Alternate**	**Alternate**	**Alternate**	**Alternate**	**Alternate**
Fish Sanwich	BBQ Turkey Sandwich	Vegetable Quiche	Chicken Salad Croissant	Cottage Cheese	Tuna Sandwich	Chef Salad
Coleslaw	Onion Rings	3 bean salad	Chips & Pickle	& Fruit Plate	Chips & Pickle	Ranch dressing
Cookie	Pickle	Garlic bread	Pie	Roll	Strawberry Short Cake	Brownie

Fall Winter 2026
Chef Greg McCammond CFPM

Week 3

***MENU IS SUBJECT TO CHANGE**