Bethany at Silver Lake

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11/8/2026	11/9/2026	11/10/2026	11/11/2026	11/12/2026	11/13/2026	11/14/2026
Breakfast	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**	**Breakfast**
Juice of choice	Juice of choice	Juice of choice	Juice of choice	Juice of choice	Juice of choice	Juice of choice
Cream of wheat	Oatmeal	Cream of wheat	Oatmeal	Cream of wheat	Oatmeal	Cream of wheat
Ham & Cheese	Eggs Benidict	Veggie Scrambled	Egg Patty	Blueberry Pancake	French Toast Bake	Scrambled Egg
Breakfast Scramble	Hashbrown	Muffin	Bacon	Cheesy Eggs	Sausage	Bacon
Toast			Bagel w/cream cheese			Toast
Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit
Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea
Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	Alt Cold Cereal	alt Cold Cereal
Lunch	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**	**Lunch**
Chicken Cordon	Seafood Pasta	Baked Salmon	Roast Pork Loin	Chicken Mushroom	Baked Tilapia	Garlic Baked Chicken
Bleu	Fettuccini	Rice Pilaf	Baby Bakers	Pasta	Garden rice	Candied Yams
Mashed potato	Garlic Bread	Chuckwagon Corn	Mixed vegetable	Broccoli	Key West Vegetables	Asparagus
Carrots						
Pie	Lemon Cake	Apple Crisp	Pudding	Swirl Cake	Spiced Peaches	Peanutbutter Cake
Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea
Alternate	**Alternate**	**Alternate**	**Alternate**	**Alternate**	**Alternate**	**Alternate**
Kielbasa	Chicken Salad	Chicken Verde Cass.	Chili Dog	Bean & Cheese Burrito	Pepper Steak	Cheese Enchiladas
Sauerkraut	Croissant	Chuckwagon Corn	on bun	Spanish Rice	Garden Rice	Asparagus
German Potato Salad	Chips		Chips	Corn		
Dinner	**Dinner**	**Dinner**	**Dinner**	**Dinner**	**Dinner**	**Dinner**
Ham	Meat Lasagna	Baked Zitty	Seafood Salad	Salisbury Steak	Orange Chicken	Gorund Beef Stroganoff
Au Gratin Potatoes	Italian Vegetables	Salad	1000 Island Dressing	Mashed potato	Yakisorba Noodles	Pasta
Green Beans			Garlic Bread	Corn on the Cob	Stir fried Vegetable	Blend Veg.
Cake	Jelled Fruit	Chocolate Cream Pie	Banana cream pudding	Ice Cream	Apple Pie	Strawberry Rhubarb Crisp
Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea	Milk/Coffee/Tea
Alternate	**Alternate**	**Alternate**	**Alternate**	**Alternate**	**Alternate**	**Alternate**
Spinach Salad	Grilled Cheese	Hot Roast Beef	Country Fried Steak	Turkey Sandwich	Vegetable Lasagna	Tuna Salad Croissant
w/Chicken	Tomato soup	Sandwich	Mashed potato	French Onion Soup	Salad	w/lettuce & tomato
& Raspberry Vinegrette		Mash & Vegetable	Buttered Peas	roll	Ranch	Chips

Fall Winter 2026 Week 4

Chef Greg Mccammond CFPM

***MENU IS SUBJECT TO CHANGE**